



REALISING POTENTIAL | CREATING THE FUTURE

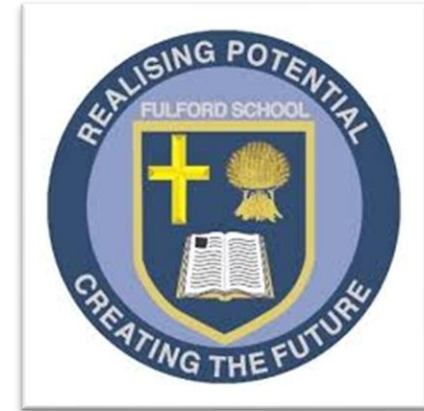
FULFORDSCHOOL

Year 11 Study Support Evening

Monday 5 October 2026



WELCOME



HONESTY EMPATHY AMBITION RESPECT TOLERANCE

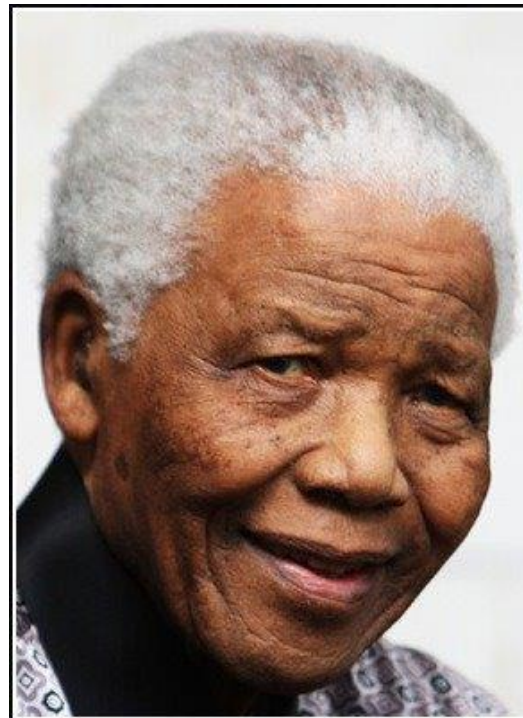




HONESTY EMPATHY AMBITION RESPECT TOLERANCE



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Education is the most powerful
weapon which you can use to
change the world.

— Nelson Mandela —

AZ QUOTES

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Welcome to
Fulford Sixth Form

Open Evening – Wednesday 11th November

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This evening we will cover:

- Post 16 destinations
- Exams in summer 2027
- Mock exams
- Pastoral support
- Support for revision



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potential - creating the future

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Fulford Environment Group Lockers

Pupil Premium Funding Class Charts – Guide for Parents

Year 7 Catch Up Report Information Evenings

Key Stage 4 Options 2025-27

Safeguarding and Wellbeing Parent's Evenings

School Counselling Learning Support

Governance ParentInfo.org

Policies, Forms & Documents School Counselling

Accounts & Finance Homework

Statutory Statements VLE

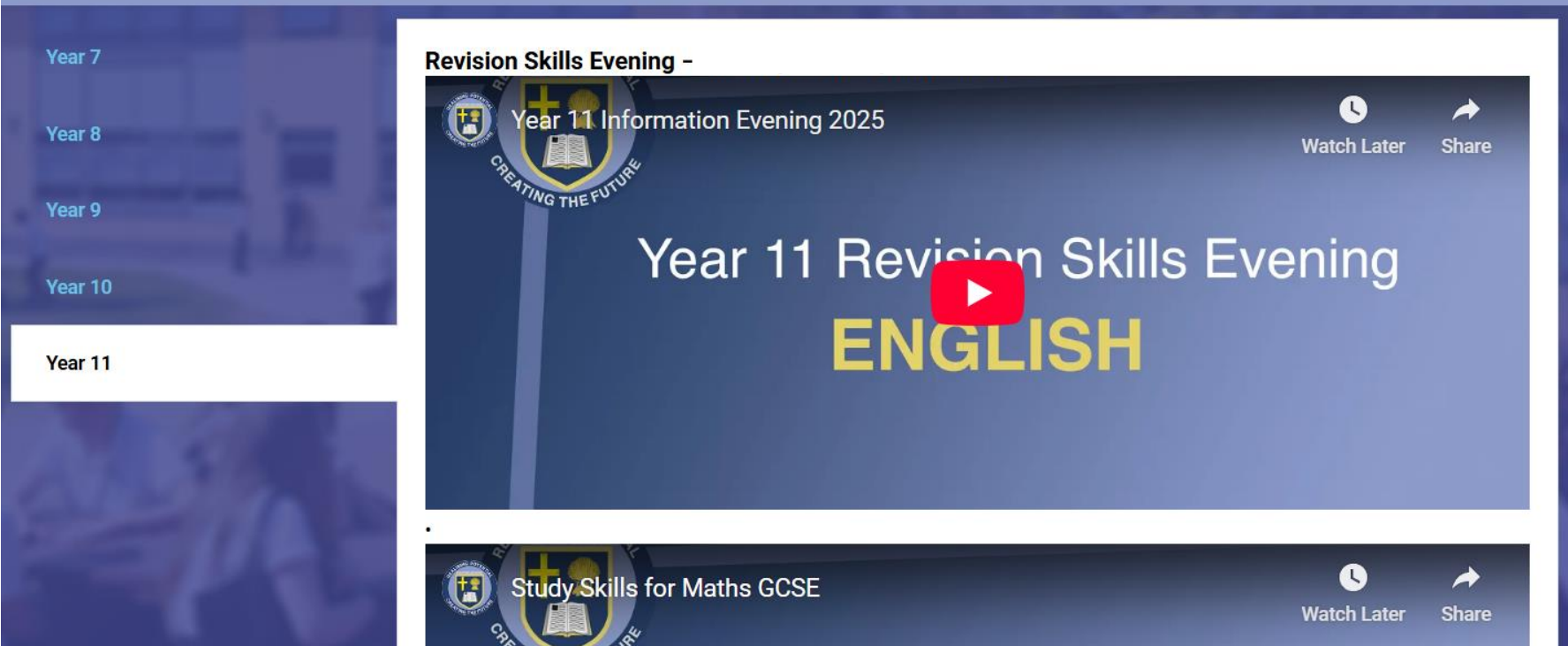
Exams

All presentations from this evening are available in the 'Information Evenings' area of the website

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Information Evenings



The screenshot displays a website interface for 'Information Evenings'. On the left, a vertical menu lists years from Year 7 to Year 11, with Year 11 highlighted. The main content area shows two video thumbnails. The top thumbnail is titled 'Revision Skills Evening - Year 11 Information Evening 2025' and features the text 'Year 11 Revision Skills Evening ENGLISH' with a large red play button icon. The bottom thumbnail is titled 'Study Skills for Maths GCSE'. Both thumbnails include a school crest logo and 'Watch Later' and 'Share' buttons.

- Videos for English, Maths and Science support
- Video for revision strategies
- Copy of the presentation used this evening
- Booklet with recommended revision resources

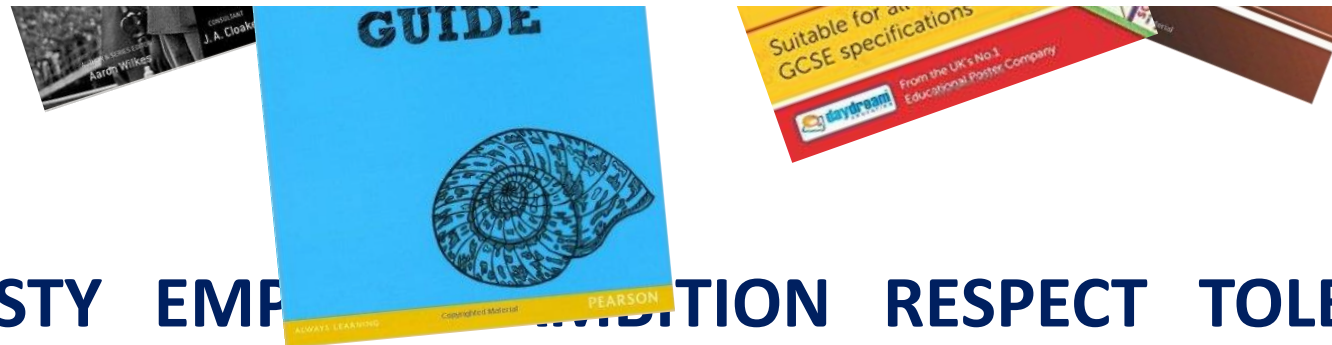
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Beware of Study Guides!



A recommended list of study guides and websites for the new specifications is in the Year 11 Information Evening booklet



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Support for Post 16 Destinations

- November 2026 Sixth Form Open Evening
- December 2026 Taster day at Fulford School. All students spend a day in the Sixth form.
- January 2027 One to one interview with a senior member of staff to discuss post-16 plans.
- January 2027 City of York Taster Days.
- February 2027 Closing date for applications to Fulford School. Application is through completion of the options form.



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Key Dates for Year 11

- Thursday 15th October
- Friday 23rd October – Sunday 1st November
- Monday 9th November – Friday 20th November
- Wednesday 11th November
- Friday 4th December
- Thursday 7th January
- Tuesday 12th January & Thursday 14th January
- Monday 25th January to Wednesday 3rd February

Alternative Curriculum Day
Revision skills focus

Half Term

Mock Exams 1

Sixth Form Open Evening

Internal Sixth Form Taster Day

Parents' Evening

External Sixth Form Taster Days

Mock Exams 2

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Examinations Summer 2027

What we do know...

- GCSEs schedule to run between 10th May and 18th June 2027
- Contingency Day 23th June 2027 – students must be available on this day



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Examinations Summer 2027

What we do know...

- Exams can cover any topic within the specification
- Students will be given additional formulae sheets for Maths and Science.



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Examinations Summer 2027

What we do know...

- There will be contingency arrangements in the event that exams do not run in Summer 2027
- This will not be used to support grading for individual students who are unable to sit the exams
- This will involve using mock exam results to support grading



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Mock Exams

- Two sets of mock exams
- Set 1: Monday 9th November to Wednesday 18th November
- Set 2: Monday 25th January to Wednesday 3rd February
- Each student will be given their own statement of entry for these exams
- This will say time and venue of each of their exam and give their seat number. These will be given out in form periods. Stick it on the fridge!
- A notification will be sent home to inform parents when these are issued
- When not in exams, students will follow their usual timetable.



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AM					MID-AM			PM		
Day	Date	Start Time	Subject	Duration	Start Time	Subject	Duration	Start Time	Subject	Duration
Monday	09 November 2026	09:00	Business Enterprise	1h 45 1h	11:40	Triple Science: Chemistry Combined Science: Chemistry	1h 45 1h 15	14:00	Spanish Reading: Higher Spanish Reading: Foundation	1h 45m
Tuesday	10 November 2026	09:00	Maths	2h 15	11:40	~	~	14:00	Geography: Physical	1h
Wednesday	11 November 2026	09:00	English Language	1h 45	11:40	French Writing: Higher Spanish Writing: Higher Spanish Writing: Foundation	1h 15 1h 15 1h 10	14:00	4 x French Writing: Higher	1h 15
Thursday	12 November 2026	09:00	History	2h	11:40	Triple Science: Physics Combined Science: Physics	1h 45 1h 15	14:00	~	~
Friday	13 November 2026	09:00	Triple Science: Biology Combined Science: Biology	1h 45 1h15	11:40	RE Full Course (yr 11) RE Short Course (yr 10)	1h 45 1h	14:20	Geography: Human	45m
Monday	16 November 2026	09:00	DT/Textiles Engineering	2h 1h 30	11:40	Music	1h 15	14:20	French Listening: Higher	45m
Tuesday	17 November 2026	09:00	Food RE Full Course (yr 11) 2 x iMedia	1h 45 1h 45 1h 30	11:40	Drama Hospitality iMedia 3 x RE Full Course (yr 11)	1h 45 1h 20 1h 30 1h 45	14:20	Spanish Listening: Higher	45m
Wednesday	18 November 2026	09:00	Computer Science Travel & Tourism Session	1h 30 2h	11:40	PE French Reading: Higher	1h 15 1h	14:20	Spanish Listening: Foundation	35m

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The Exam Rooms

- Students must not take phones, watches or any internet-linked device into the exam rooms
- They can not take notes/pieces of paper into any exam even if they are in a blazer pocket
- Pencil cases must be see through
- Students can take water into the exam rooms
- Students should bring their own equipment to the exams
- Students must be in full, correct uniform for all exams.
- Students should follow all the instructions of the invigilators when in exam rooms



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Unwell Students

- Where a student is unwell and cannot attend, we will communicate the absence to their teacher and ask them to provide an opportunity to take the paper, in lesson time where possible.
- Where a student is absent for an extended period, we will re-schedule their exams so that they can complete them on their return to school
- In some cases it will not be possible for them to complete all the exams that they have missed. We will prioritise them being able to complete at least one exam in each subject.



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Mock Examination Results

- Issued by class teachers
- Use the outcomes and the targets to identify what needs to be improved
- Sent home on reports in December and March
- Mock results help to decide upon post-16 courses but look at predicted grades closely as well.



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Non Examined Assessment (NEA)

- Music, Drama, Art, PE, DT, Textiles all include an element of NEA within the assessment
- Proportion varies by subject
- The work must be the students' own. AI checking procedures are in place.
- Process of marking, standardising and moderating takes place in school before marks are submitted to exam boards
- Once NEA work has been marked, marks will be shared with students.



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NEA Deadlines

Subject	NEA start date	Date NEA is due to be completed/handed in.
Construction	NEA 1 Sept 2026 NEA 2 Jan 2027	NEA 1 Oct 2026 NEA 2 Mar 2027 (tbc)
Drama	Completed in Year 10	Completed in Year 10
DT/Textiles	June 2026 (Year 10)	March 2027
Engineering	NEA 1 Sept 2026 NEA 2 Jan 2027	NEA 1 Nov 2026 NEA 2 Mar 2027
Food	NEA 1 – September 2026	November 2026
	NEA 2 – November 2026	March 2027
Music	April 2026 (Year 10)	February 2027
Art	Portfolio - October Year 10	January 2027
	ESA- January 2026	May 2027
PE	Practical – September 2026	February 2027
	Coursework - June 2026	January 2027
iMedia	R094 – completed in Y10 (except for those who joined late)	March 2026 (intervention students only)
	R095 – October 2026	March 2027



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Year 11 November Mock Exam Information

	Music Course title: GCSE Music Examination board: <u>Eduqas</u> Tiered/untiered: <u>Untiered</u> Proportion assessed by examination: 40% Proportion assessed by non-examined assessment (NEA): 60% (30% Performance, 30% composition) Number and length of examinations: 1 examination: 1 hour 15 minutes Grading: 9-1
	Physical Education Course title: GCSE PE Examination board: AQA Tiered/untiered: <u>Untiered</u> Proportion assessed by examination: 60% Proportion assessed by non-examined assessment (NEA): 40% Number and length of examinations: 2 examinations: 1 hour 15 minutes each Grading: 9-1



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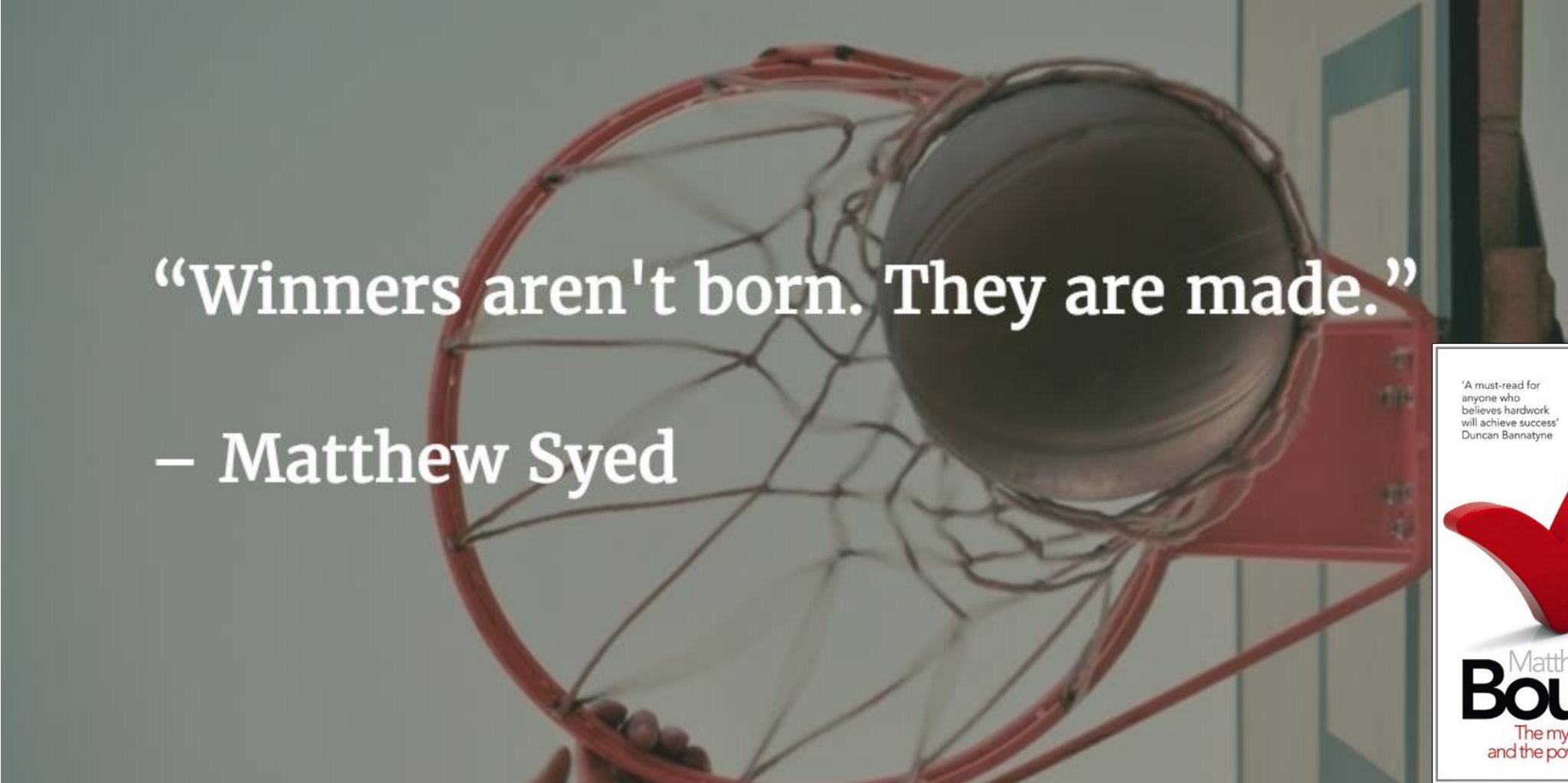


Michelangelo...

“The danger for most of us is not that we aim too high and fail to reach our target but aim too low and achieve it”



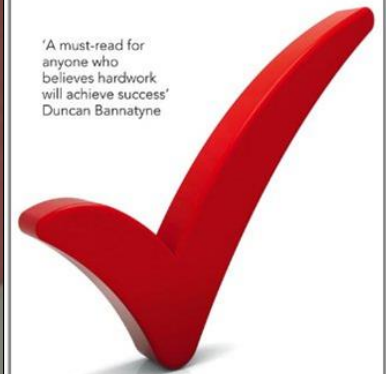
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“Winners aren't born. They are made.”

– Matthew Syed

‘A must-read for anyone who believes hardwork will achieve success’
Duncan Bannatyne

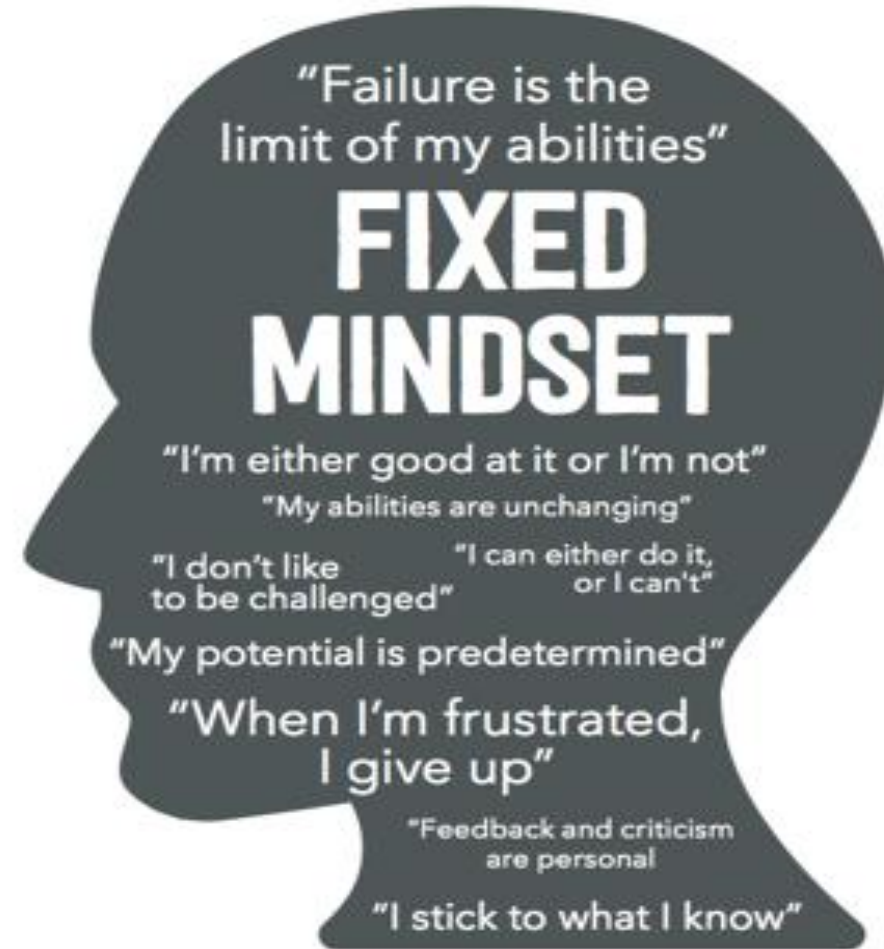


Matthew Syed
Bounce
The myth of talent
and the power of practice



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resilience:

“an ability to recover from or adjust easily to misfortune or change.”

—Merriam-Webster Dictionary

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Resilience – what are we doing?

- -"We can do hard things."
- -Increased practice of longer tasks in lessons, including strategies for tackling them one piece at a time
- -Encouragement and identification of resilience
- -Positives on classcharts



Creativity



Effort



Homework



Independen...



Reflection



Resilience

Resilience – how can you help?

- -Consider 'micro-resilience'
- -Minimise distractions during homework / revision (e.g. no phone, no music, independent work)
- -Dinner table discussions – build micro-resilience here!
- -Encourage them to **sit and struggle**



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Screen time

- UK teenagers:
- Average 8 hours 40 minutes
- More than 4 months per year
- If cut by 2 hours per day, that's 700 extra hours each year
- "To reach an advanced level in a foreign language you will need...
- ...480 hours."
- How? Awareness, choices, routines, screen time-limiting apps



Screen time limiting apps

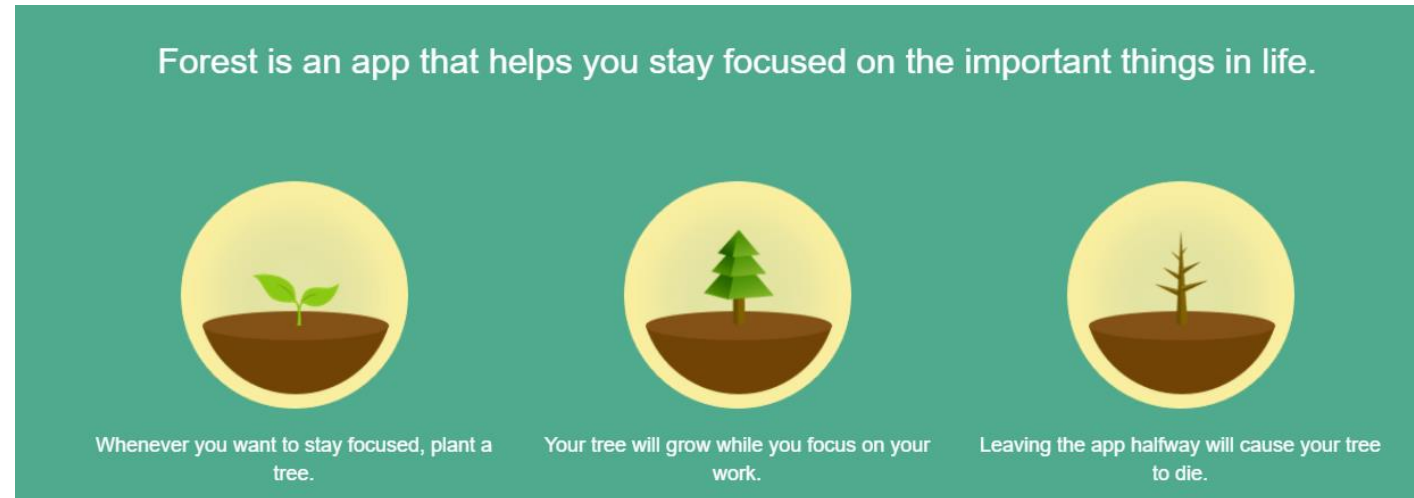
- BePresent

Beating big-tech at their own game

Replace dopamine hits from scrolling with dopamine hits for staying off your phone.

- Focus Friend

- Forest App



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Alternative Curriculum Day 15th October

The day will consist of:

- Study skills sessions focusing on revision techniques
- English sessions focusing on specific skills relevant to the upcoming mock examinations.



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We are what we repeatedly
do. Excellence, therefore, is
not an act, but a habit.

Aristotle

quote fancy

Year 11 Pastoral Update and Curriculum

Mr Bonsels



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Pastoral Update

Foster a strong sense of belonging to promote engagement & outcomes.

This will enable students to develop into independent, motivated, caring and ambitious young people who have the skills to flourish in their GCSEs and the wider world.



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Pastoral Curriculum

Day	Activity
Monday	Live Assembly
Tuesday	Independent study
Wednesday	Life of a Y11 student
Thursday	Streamed assembly
Friday	Current Affairs



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1. Enjoyment and happiness



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2. Attendance

95.5%



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	Days absent	Lost learning
100%	0	0 lessons
98%	4	20 lessons
96%	7.5	38 lessons
94%	11.5	58 lessons
92%	15.5	77.5 lessons
90%	19	95 lessons

ATTENDANCE MATTERS

 **EVERY SCHOOL DAY COUNTS!**

**LOST MINUTES
=
LOST LEARNING!**



minutes late
per day



minutes late
per day



minutes late
per day



minutes late
per day

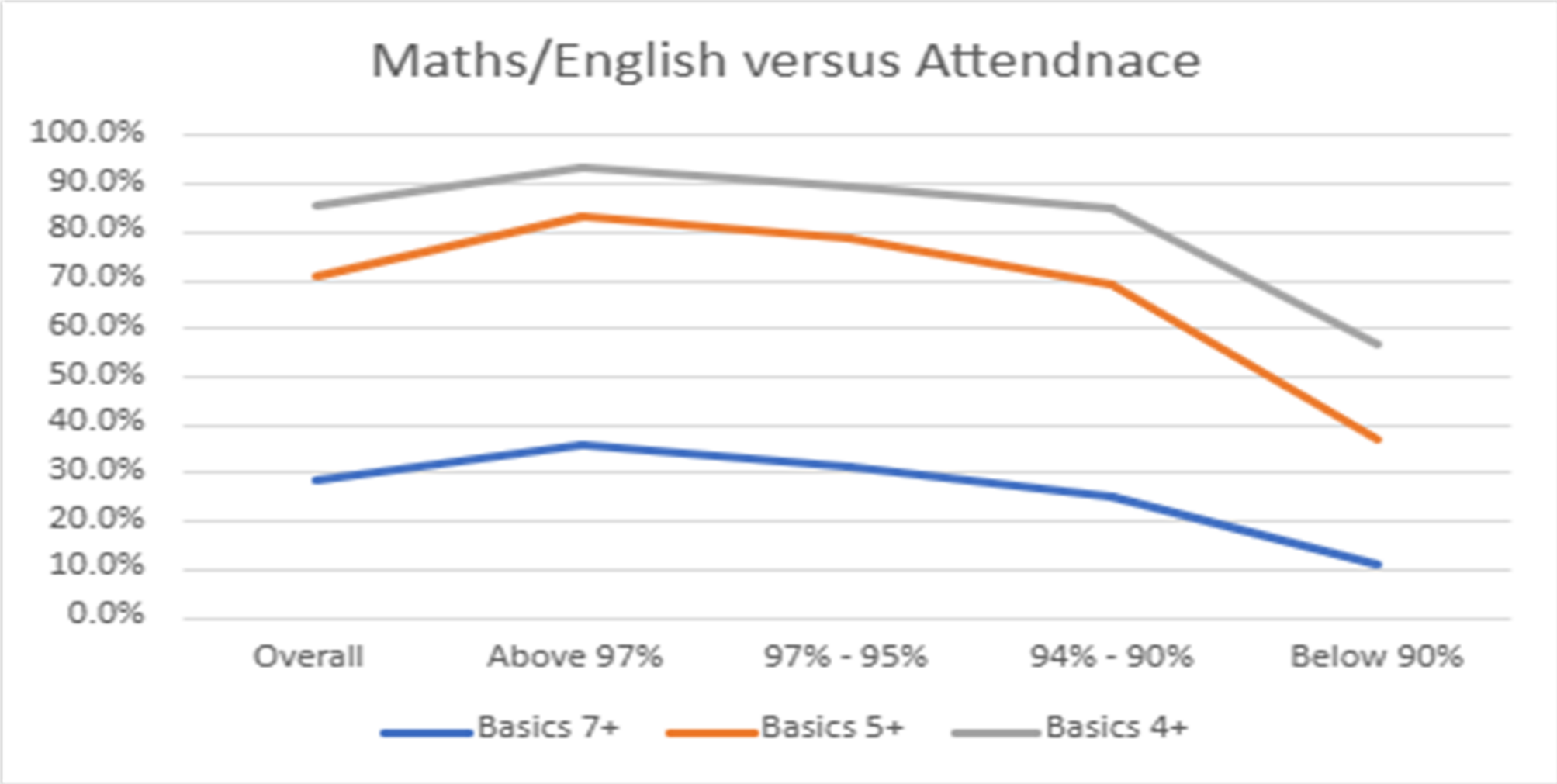


minutes late
per day

Every school day counts BUT every minute is equally important!

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	Overall	Above 97%	97% - 95%	94% - 90%	Below 90%
Basics 7+	28.8%	35.8%	31.3%	25.0%	10.9%
Basics 5+	70.9%	83.3%	78.9%	69.0%	37.0%
Basics 4+	85.6%	93.5%	89.6%	84.9%	56.5%



3. Behaviour for learning

Attitude	2406
Good work	2055
Positive contribution	1380
Excellent start	1215
Homework	986



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4. Post-16 Pathways



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5. Developing Independence

Revise 'til 5



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Exciting

TextStudio

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- To provide a platform for the students to achieve their best possible GCSE results
 - Focus on revision, ambition and independence



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Don't practise till you get it right
...practise until you can't get it wrong!



Understand it.



Condense it.

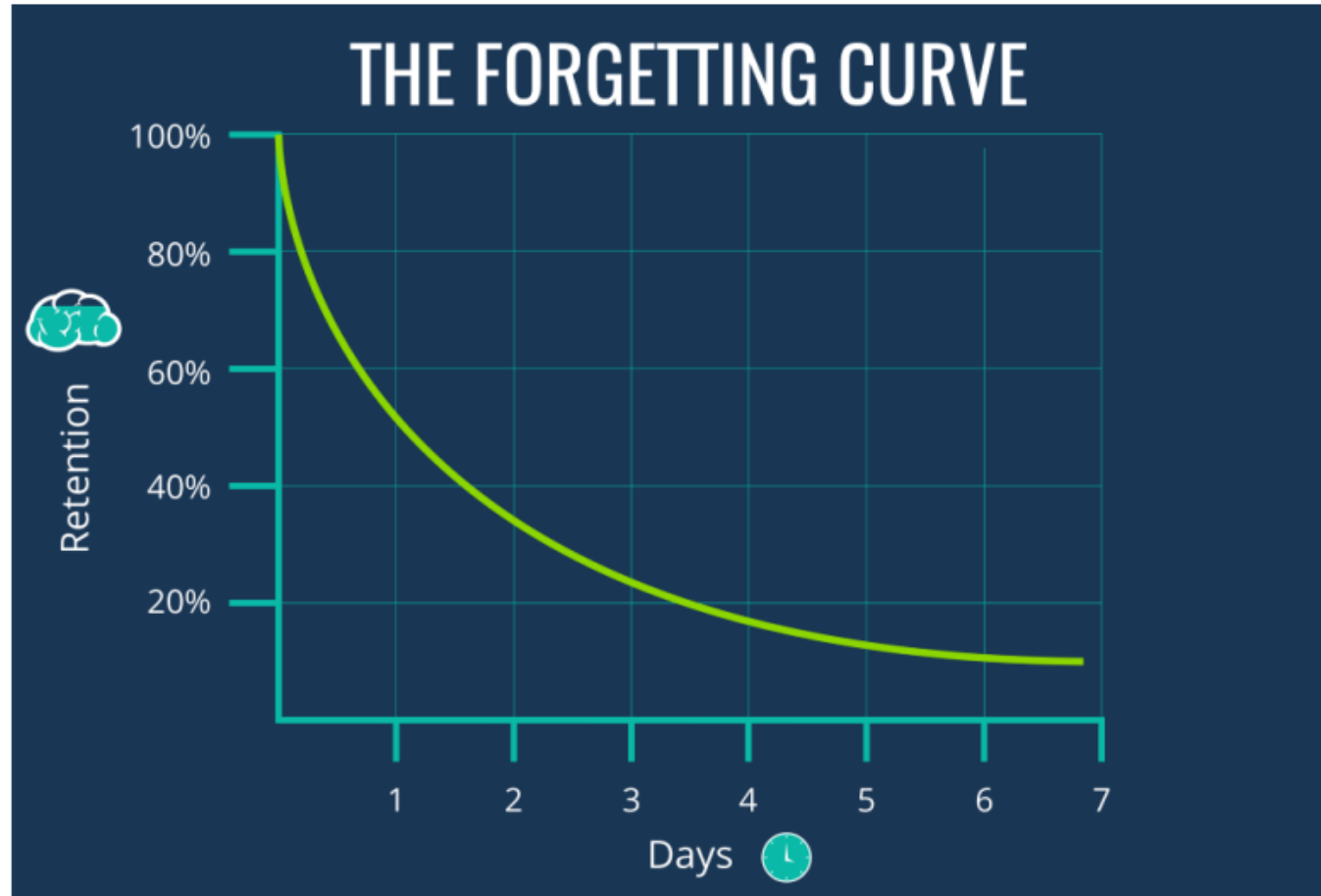


Memorise it.



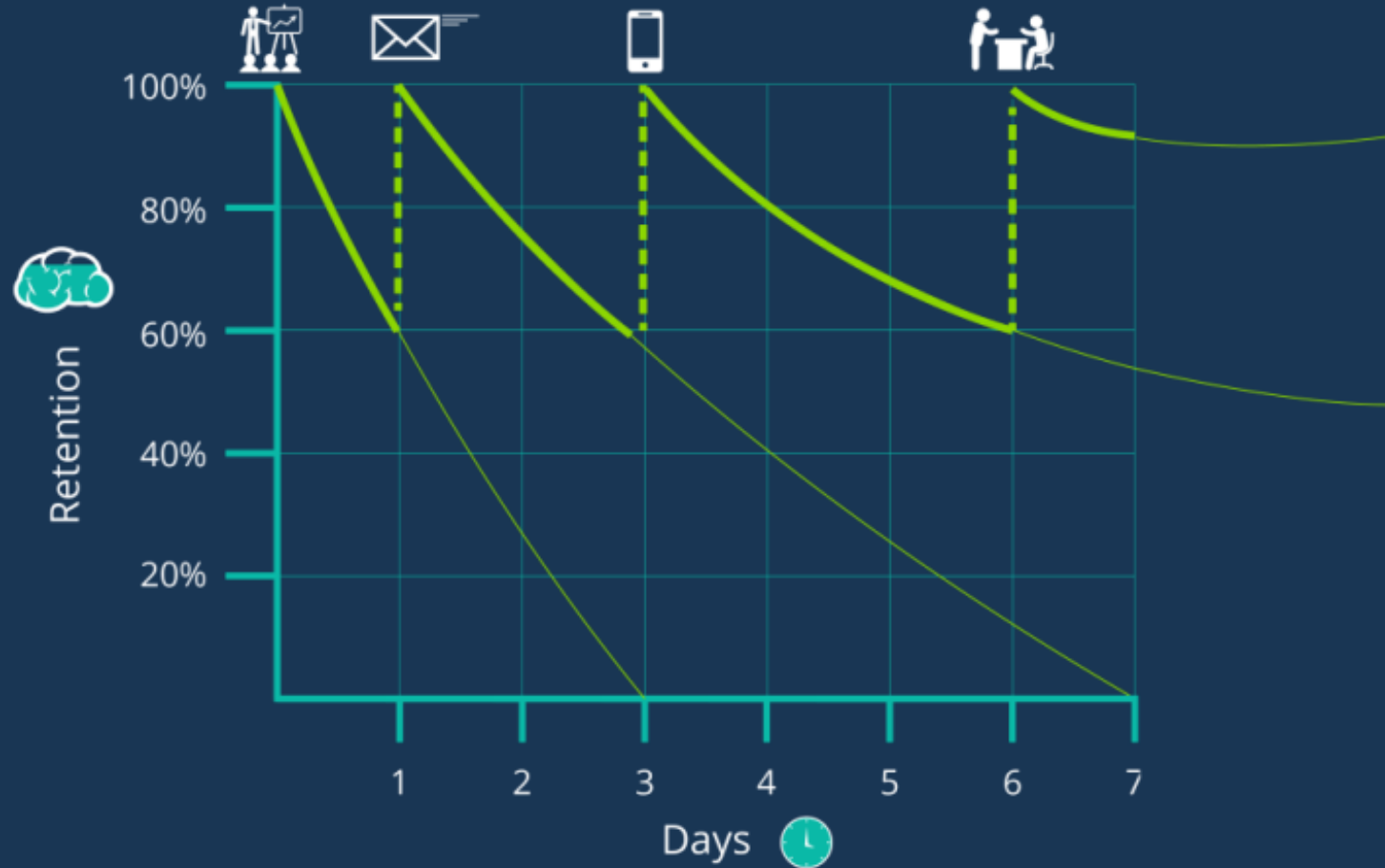
Review it.

Ebbinghaus and his forgetting curve



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COMBATING THE FORGETTING CURVE

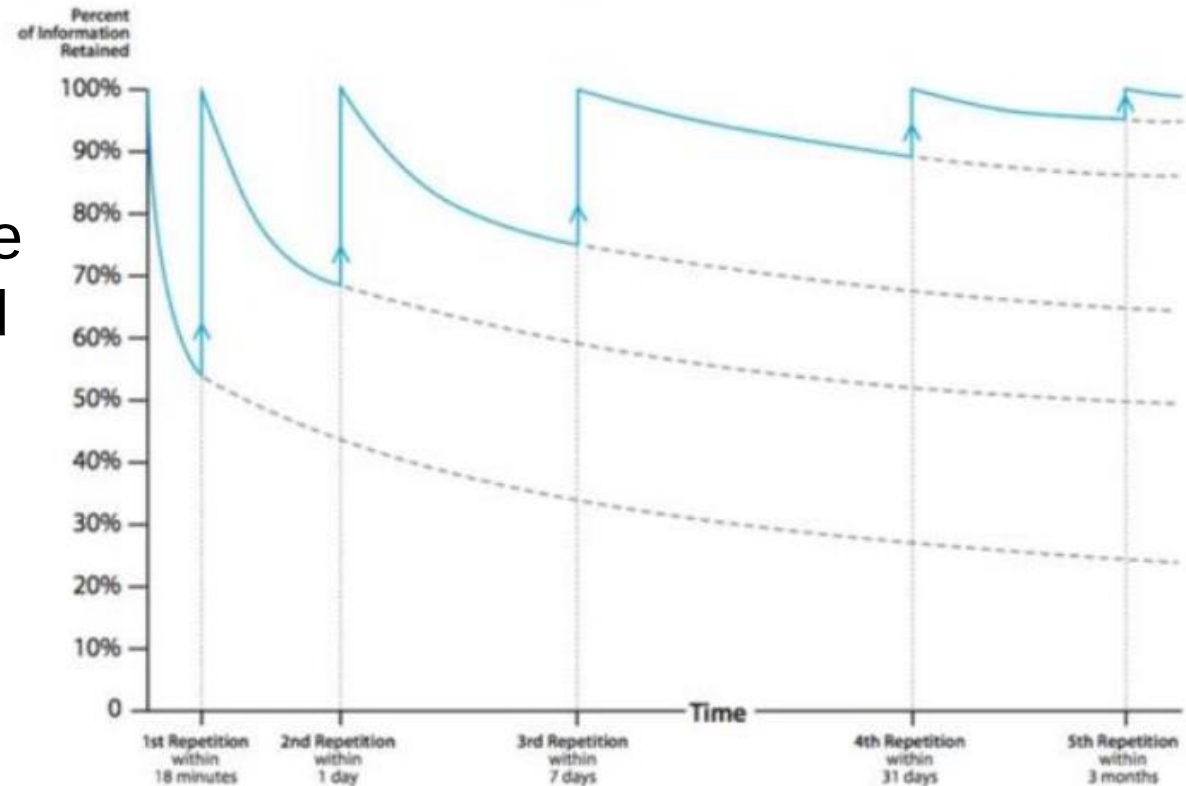


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Cramming doesn't work

The "forgetting curve" is at its steepest early on, which means everything you cram in just before an exam will slip out of your head like sand through your fingers!

Make sure to keep good study habits in order to take full advantage of your brain!



What does good revision look like?

It is different for everyone...but there are similar features for us all.

You need to know:

- When do you work best? Early or late?
- Do you need to eat first?
- Before or after exercise?
- How long can you concentrate for without a break?



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What works?

Most effective strategy / techniques:

- self-quizzing
- flashcards
- brain dumps
- past papers
- verbal explanation

Benefits: strengthens memory, reveals gaps, boosts confidence



How do I revise?

- Plan your revision
- Short tasks
- Build in repetition
- Plenty of sleep
- Give yourself rewards

Weekly Revision Timetable

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday	Sunday
2:30pm - 3:30pm	Science	Humanities	Maths	English	Options	10am - 11am	Options	Options
3:30pm - 4:30pm	Get home from school	Get home from school	Get home from school	Get home from school	Get home from school	11am - 12pm	English	Maths
4:30pm - 5:30pm	English	Maths	Science	Humanities	Options	1pm - 5pm	Lunch/Go Out	Lunch/Go Out
5:30pm - 6:30pm	Eat dinner	Eat dinner	Eat dinner	Eat dinner	Eat dinner	5pm - 6pm	Dinner	Dinner
6:30pm - 7:30pm	Humanities	Science	English	Options	Night off	6pm - 7pm	Night off	Science
7:30pm - 8:30pm	Maths	Options	Options	Science	Night off	7pm - 8pm	Night off	English
8:30pm - 9:30pm	Free time	Free time	Free time	Free time	Night off	8pm - 9pm	Night off	Maths

Flashcards and Cornell Notes

- Using flash cards you can concentrate key themes down on to one side of a card
- Write questions on the other
- Test yourself regularly or ask other people to help



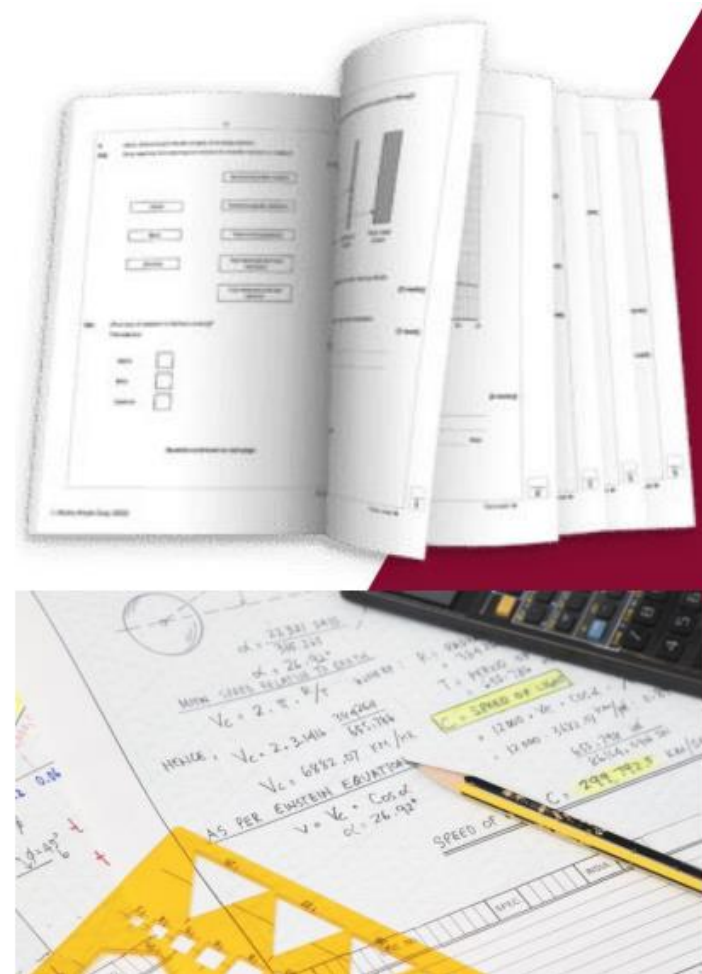
Cornell Notes Example

	Title	Date
Questions		
or	Regular Notes	
Keywords		
Summary		

wikiHow

Past Papers

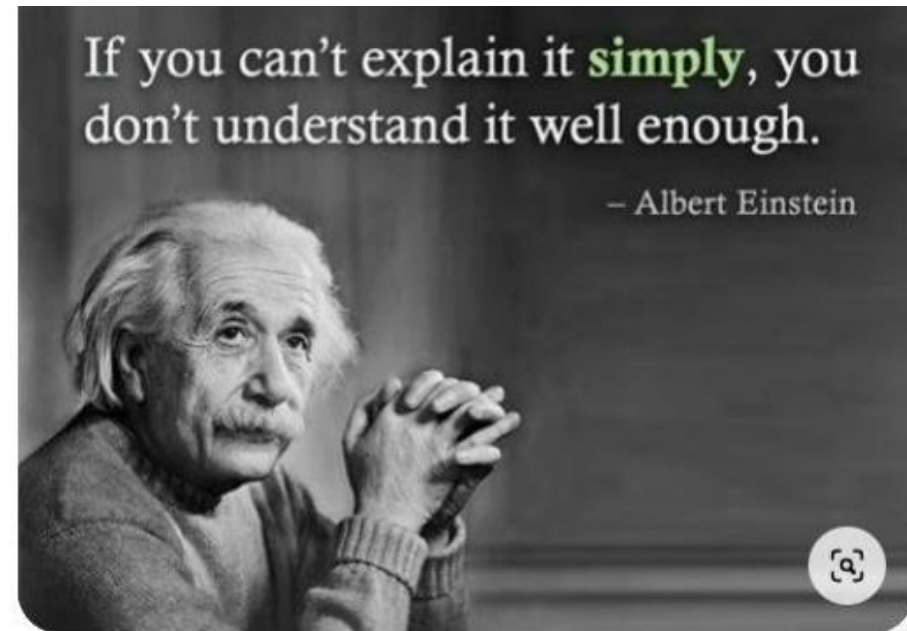
- Working through past papers is a great way to test knowledge and also skills
- Then, forensically, work through the mark schemes
- Use the mark schemes and papers to then inform your flashcards
- It really helps to get concise answers.



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Study Groups

- This can work as motivation
- Try explaining ideas to other people
- Ask them to test you using your flashcards
- Keep testing each other regularly – it helps with the forgetting curve!



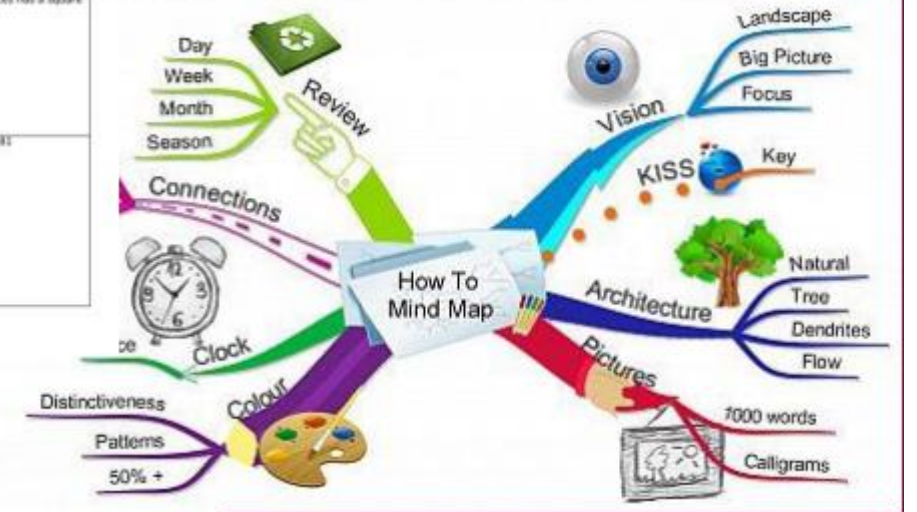
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Mind Maps

- Mind maps can be a really good way to identify connections between ideas.



Expand $3(2x - 7)$	There are 5^8 people living in a country. Ten years later there are 5 times as many people living in the country. How many people now live in the country?	How many lines of symmetry does a rhombus have?	Calc - Ganna is planning a theatre trip. The costs are given below: Coach (53 seats) £430 per coach Food £13 per person Theatre ticket £34 per person A ticket for the theatre trip costs £58. Eighty-seven people buy a ticket. Is this enough money?
Expand and simplify $(x + 2)(x + 3)$	Tom has to put 1000 bottles into crates. One crate will take 24 bottles. How many crates will Tom need?	What order of rotational symmetry does a rhombus have?	Hannah says that there are 3 numbers between 110 and 210 that have 25 as a factor. Is she correct? Explain your answer.
Calc - Calculate 37% of £720	Find angle d	Lola has £12 in her bank account. The bank will allow her to go up to £50 overdraw. She wants to buy a £22 scarf for her dog and a £39 jumper for herself. Can she use her bankcard to buy the scarf and jumper?	Calculate $\sin^{-1}(0.81)$





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