



REALISING POTENTIAL | CREATING THE FUTURE

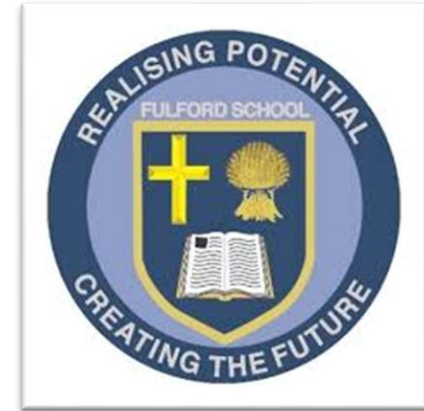
FULFORDSCHOOL

Year 11 Study Support Evening

Monday 29 September 2025



WELCOME



HONESTY EMPATHY AMBITION RESPECT TOLERANCE

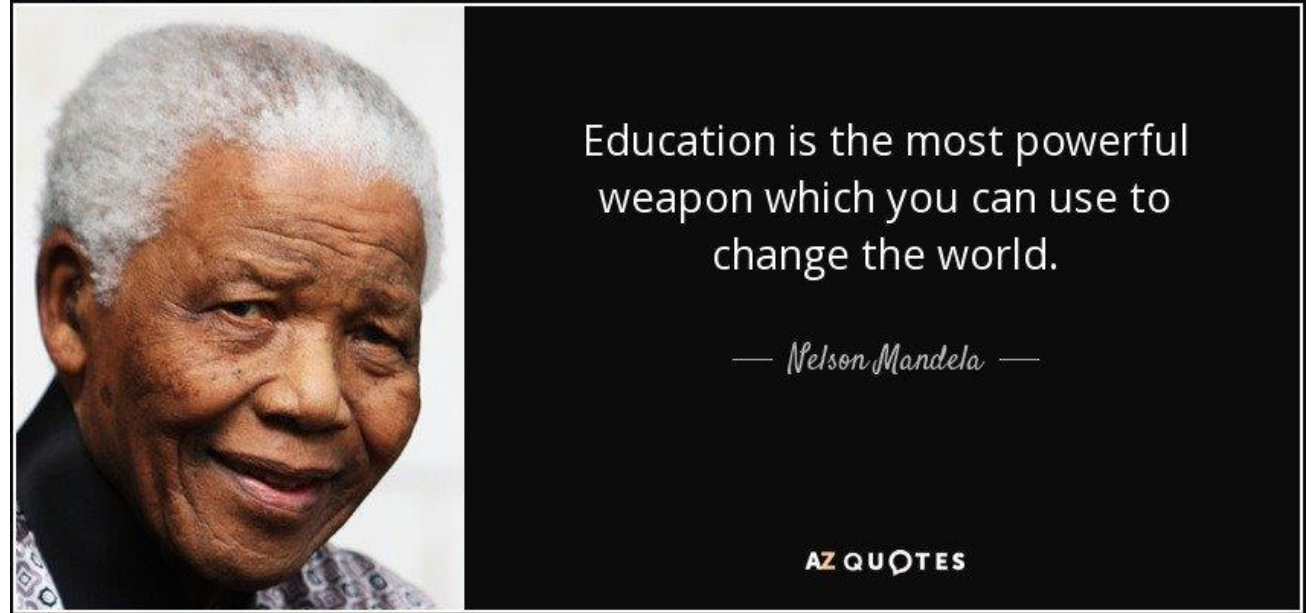




HONESTY EMPATHY AMBITION RESPECT TOLERANCE



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Open Evening – Thursday 20th November

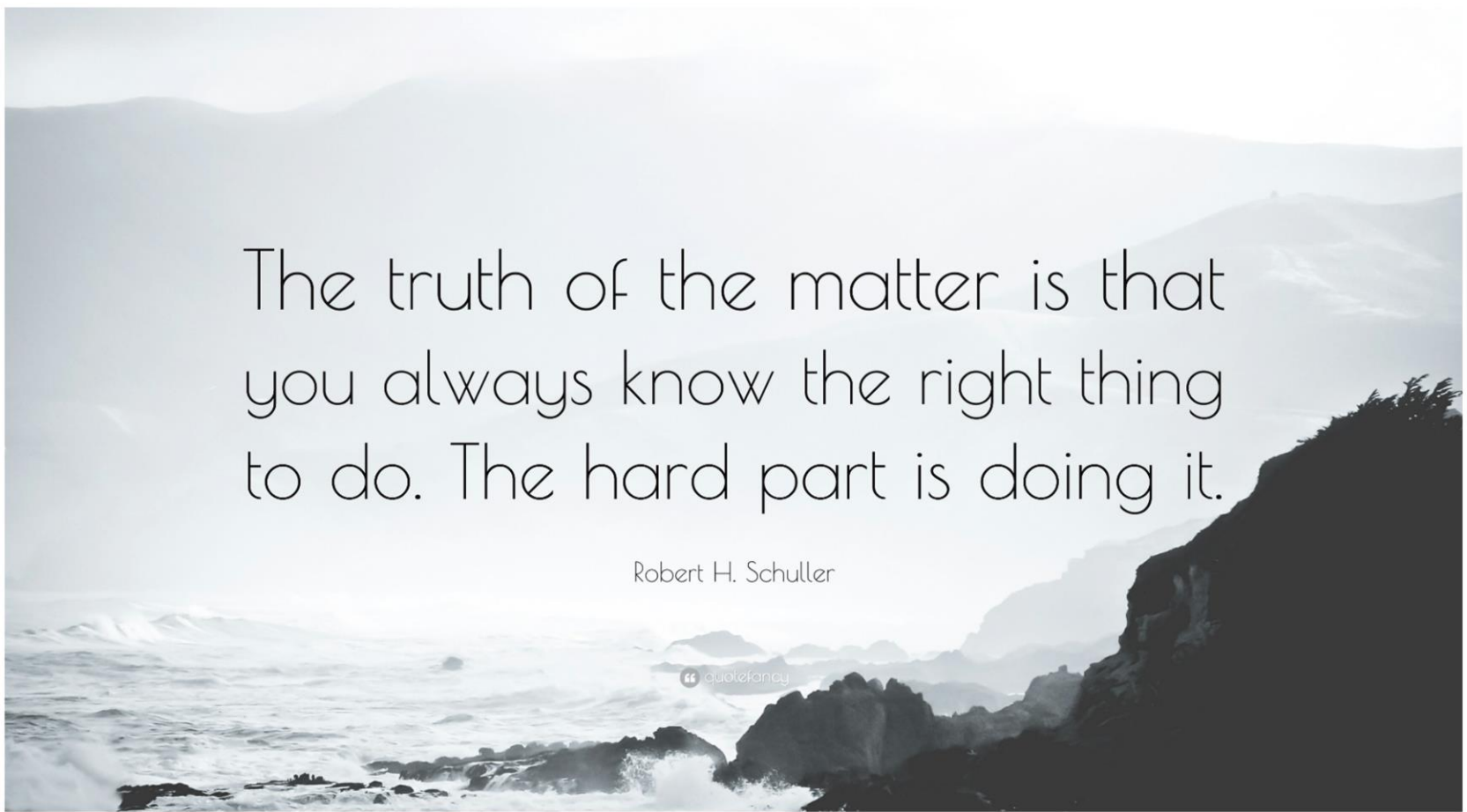
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work
hard
dream
big

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The truth of the matter is that
you always know the right thing
to do. The hard part is doing it.

Robert H. Schuller

quote fancy



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This evening we will cover:

Post 16 destinations
Exams in summer 2026
Mock exams
Support for revision
Pastoral support



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potential - creating the future

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Reporting Your Child's Absence

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Exams School Catering

Rapid Revision Uniforms & PE Kit

Fulford Environment Group Lockers

Pupil Premium Funding Class Charts – Guide for Parents

Year 7 Catch Up Report Information Evenings

Key Stage 4 Options 2025-27

Safeguarding and Wellbeing Parent's Evenings

School Counselling Learning Support

Governance ParentInfo.org

Policies, Forms & Documents School Counselling

Accounts & Finance Homework

Statutory Statements VLE

Exams

All presentations from this evening are available in the 'Information Evenings' area of the website

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Information Evenings

Year 7

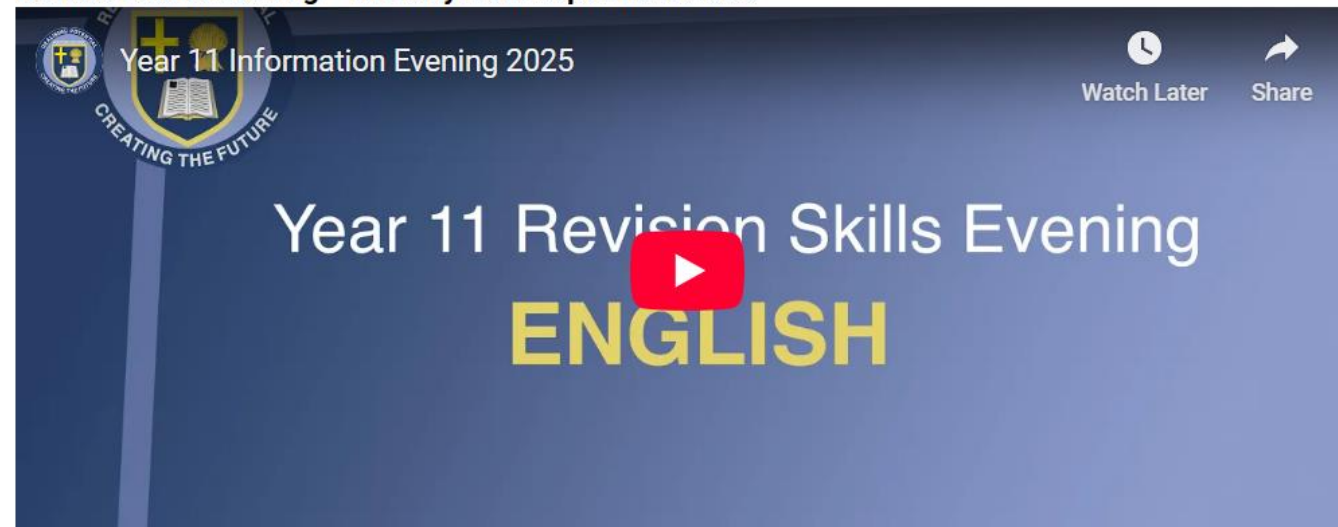
Year 8

Year 9

Year 10

Year 11

Revision Skills Evening – Monday 29th September 2025



- Videos for English, Maths and Science support
- Video for revision strategies
- Copy of the presentation used this evening
- Booklet with recommended revision resources

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Support for Post 16 Destinations

- December 2025 Taster day at Fulford School. All students spend a day in the Sixth form.
- January 2026 One to one interview with a senior member of staff to discuss post-16 plans.
- January 2026 City of York Taster Days.
- February 2026 Closing date for applications to Fulford School. Application is through completion of the options form.



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Key Dates for Year 11

- Thursday 16th October
- Friday 24th October – Sunday 2nd November
- Monday 3rd November – Friday 14th November
- Thursday 20th November
- Friday 5th December
- Thursday 8th January
- Tuesday 13th January & Thursday 15th January
- 26th January to 4th February

Alternative Curriculum Day
Revision skills focus

Half Term

Mock Exams 1

Year 11 Information Evening

Internal Sixth Form Taster Day

Parents' Evening

External Sixth Form Taster Days

Mock Exams 2

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Examinations Summer 2026

What we do know...

- GCSEs schedule to run between 7th May and 23rd June 2026
- Contingency day 24th June – students must be available on this day



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Examinations Summer 2026

What we do know...

- Exams can cover any topic within the specification
- Students will be given additional formulae sheets for Maths and Science.



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Examinations Summer 2026

What we do know...

- There will be contingency arrangements in the event that exams do not run in Summer 2026
- This will not be used to support grading for individual students who are unable to sit the exams
- This will involve using mock exam results to support grading



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Mock Exams

- Two sets of mock exams
- Set 1: 3rd November to 12th November
- Set 2: 26th January to 4th February
- Each student will be given their own statement of entry for these exams
- This will say time and venue of each of their exam and give their seat number. These will be given out in form periods. Stick it on the fridge!
- A notification will be sent home to inform parents when these are issued
- When not in exams, students will follow their usual timetable.



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The Exam Rooms

- Students must not take phones, watches or any internet-linked device into the exam rooms
- They can not take notes/pieces of paper into any exam even if they are in a blazer pocket
- Pencil cases must be see through
- Students can take water into the exam rooms
- Students should bring their own equipment to the exams
- Students must be in full, correct uniform for all exams.
- Students should follow all the instructions of the invigilators when in exam rooms



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Unwell Students

- Where a student is unwell and cannot attend, we will communicate the absence to their teacher and ask them to provide an opportunity to take the paper, in lesson time where possible.
- Where a student is absent for an extended period, we will re-schedule their exams so that they can complete them on their return to school
- In some cases it will not be possible for them to complete all the exams that they have missed. We will prioritise them being able to complete at least one exam in each subject.



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Mock Examination Results

- Issued by class teachers
- Use the outcomes and the targets to identify what needs to be improved
- Sent home on reports in December and March
- Mock results help to decide upon post-16 courses but look at predicted grades closely as well.



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Non Examined Assessment (NEA)

- Music, Drama, Art, PE, DT, Textiles all include an element of NEA within the assessment
- Proportion varies by subject
- The work must be the students' own. AI checking procedures are in place.
- Process of marking, standardising and moderating takes place in school before marks are submitted to exam boards
- Once NEA work has been marked, marks will be shared with students.



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NEA Deadlines

Subject	NEA start date	Date NEA is due to be completed/handed in.
Drama	Completed in Year 10	Completed in Year 10
DT/Textiles	June 2025 (Year 10)	March 2026
Food	NEA 1 – September 2025	November 2025
	NEA 2 – November 2025	March 2026
Music	April 2025 (Year 10)	February 2026
Art	Portfolio - October Year 10	January 2026
	ESA- January 2026	May 2026
PE	Practical – September 2024	February 2026
	Coursework - January 2026	February 2026





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FULFORD SCHOOL



Year 11 November Mock Exam Information

	Music Course title: GCSE Music Examination board: <u>Eduqas</u> Tiered/untiered: <u>Untiered</u> Proportion assessed by examination: 40% Proportion assessed by non-examined assessment (NEA): 60% (30% Performance, 30% composition) Number and length of examinations: 1 examination: 1 hour 15 minutes Grading: 9-1
	Physical Education Course title: GCSE PE Examination board: AQA Tiered/untiered: <u>Untiered</u> Proportion assessed by examination: 60% Proportion assessed by non-examined assessment (NEA): 40% Number and length of examinations: 2 examinations: 1 hour 15 minutes each Grading: 9-1

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Michelangelo...

“The danger for most of us is not that we aim too high and fail to reach our target but aim too low and achieve it”



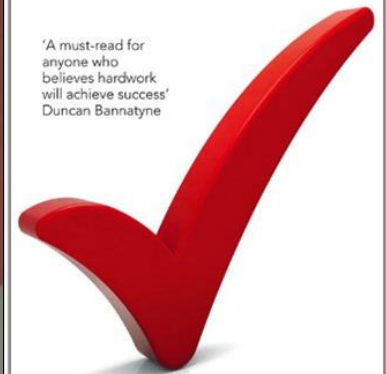
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“Winners aren't born. They are made.”

– Matthew Syed

‘A must-read for anyone who believes hardwork will achieve success’
Duncan Bannatyne



Matthew Syed
Bounce
The myth of talent
and the power of practice

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Beware of Study Guides!



A recommended list of study guides and websites for the new specifications is in the Year 11 Information Evening booklet



HONESTY EMPLOYMENT RESPONSIBILITY RESPECT TOLERANCE



Resilience

- -Today's mid-teenagers:
- -Were toddlers/infants during the greatest impacts of the 2008 financial crisis
- -Grew up during the divides around Brexit
- -Had crucial stages of primary school impacted by covid-19
- -Dr McDaid, Mental Health Foundation



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Resilience

- -Doom and gloom...?
- -It's our job to show the students how to push through difficult tasks and circumstances and to expect more of themselves
- -(Physics exam question on next slide)



HONESTY EMPATHY AMBITION RESPECT TOLERANCE



Resilience

Clear information
at the start

Chunked
instructions

1 mark per
question

1-word or 1-
sentence answers

Electromagnetic waves are grouped according to their wavelength and frequency.

Electromagnetic waves are transverse waves and can travel through a vacuum.

(a) Give one **other** property that is the same for all types of electromagnetic wave.

(1)

(b) What is meant by 'transverse wave'?

(1)

(c) Which group of electromagnetic waves is used for satellite communications?

(1)

(d) Visible light is the only group of electromagnetic waves that the human eye can detect.

Which colour of visible light has the shortest wavelength?

(1)

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Resilience

- -2025:
- -Fulford students did well on questions like this
- -But a few pages later...



HONESTY EMPATHY AMBITION RESPECT TOLERANCE



Resilience

~~Clear information
at the start~~

~~Chunked
instructions~~

~~1 mark per
question~~

~~1 word or 1
sentence answers~~

(d) When the water in the pressure cooker starts to boil:

- the amount of steam in the pressure cooker increases
- the temperature of the steam increases above 100 °C

Explain why these changes make the pressure in the cooker increase.

Information spread
over lots of pages

One instruction

5 marks

Multi-sentence⁽⁵⁾
answer

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Resilience

- -2025:
- -Fulford students did less well than expected on questions like this

No relevant content

0



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Resilience – what are we doing?

- -"We can do hard things."
- -Increased practice of longer tasks in lessons, including strategies for tackling them one piece at a time
- -Encouragement and identification of resilience
- -Positives on Classcharts



Creativity



Effort



Homework



Independen...



Reflection



Resilience

Resilience – how can you help?

- -Consider 'micro-resilience'
- -Minimise distractions during homework / revision (e.g. no phone, no music, independent work)
- -Dinner table discussions – build micro-resilience here!
- -Find tasks around the home where they'll learn new skills
- -Encourage them to **sit and struggle**



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Screen time

- UK teenagers:
- Average 8 hours 40 minutes
- More than 4 months per year
- If cut by 2 hours per day, that's 700 extra hours each year
- "To reach an advanced level in a foreign language you will need...
- ...480 hours."
- How? Awareness, choices, routines, screen time-limiting apps



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Screen time limiting apps

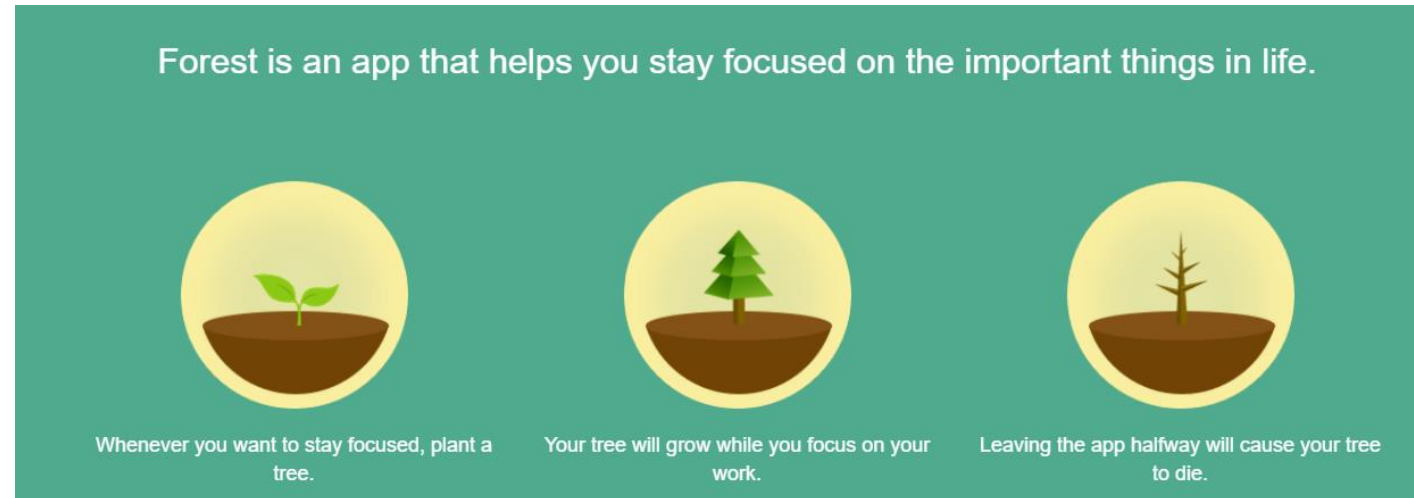
- BePresent

Beating big-tech at their own game

Replace dopamine hits from scrolling with dopamine hits for staying off your phone.

- Focus Friend

- Forest App



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Alternative Curriculum Day 16th October


The day will consist of:

- Study skills sessions focusing on revision techniques
- English sessions focusing on specific skills relevant to the upcoming mock examinations.



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We are what we repeatedly
do. Excellence, therefore, is
not an act, but a habit.

Aristotle

quote fancy

Year 11 Pastoral Update and Curriculum

Mr Hayden

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Pastoral Update



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THE RIGHT PATH MAKES ALL THE DIFFERENCE

A group of four hikers, seen from behind, are walking on a wide, snowy mountain trail. They are wearing dark winter gear and carrying backpacks. A large, shaggy brown dog is walking alongside them. The trail is marked with a series of footprints that curve gently to the right. In the background, there are snow-covered mountain peaks under a hazy sky.

Learn from those who've gone before you.
Use the support around you.

HONESTY

EMPATHY

AMBITION

RESPECT

TOLERANCE

- To maintain a real team ethos of working together and supporting each other
 - Praise and promote inclusivity and recognition of one another.
 - Build a sense of community



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- To provide a platform for the students to achieve their best possible GCSE results
 - Focus on revision, ambition and independence



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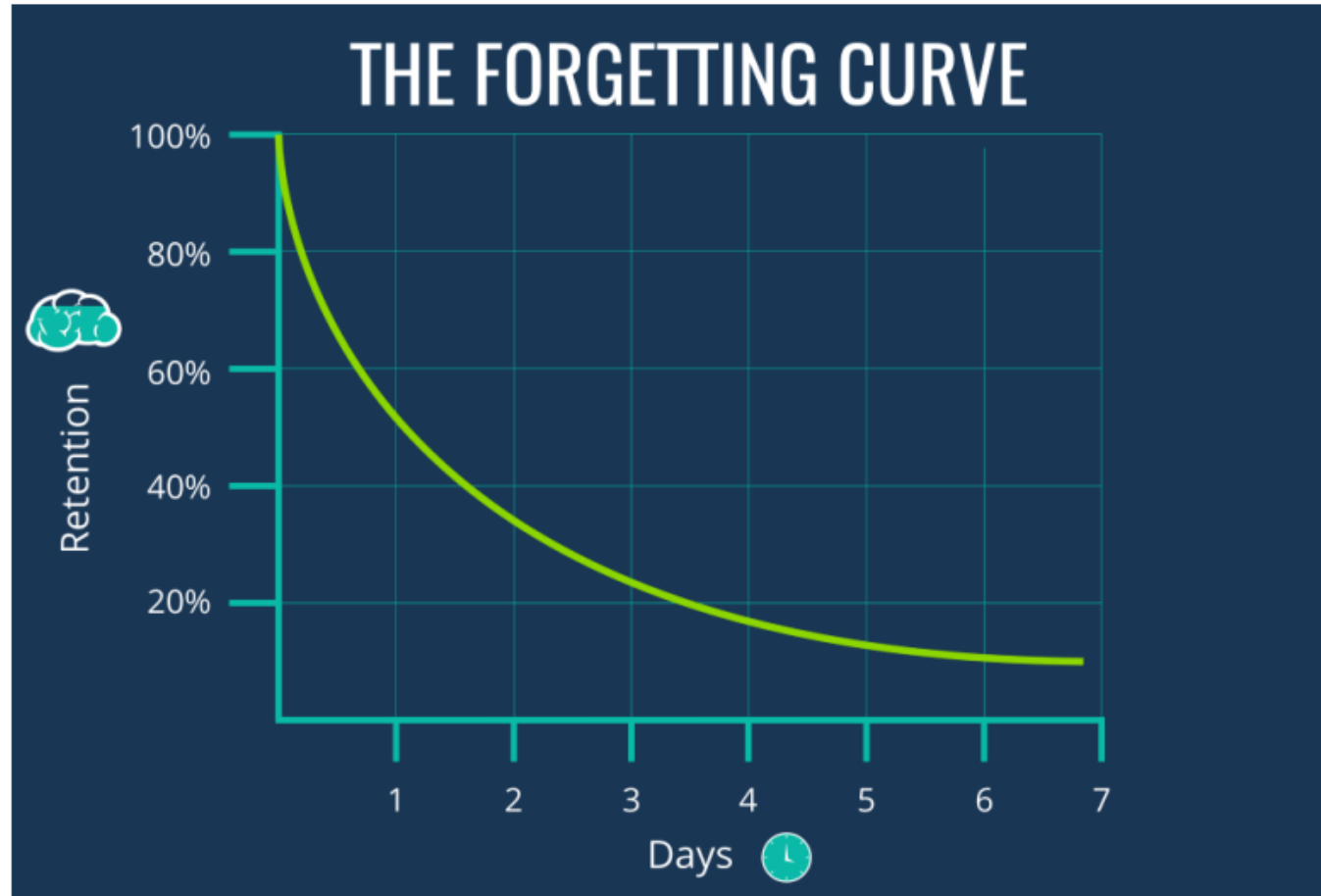
**Don't practise 'til
you get it right.
Practise 'til you
can't get it wrong.**



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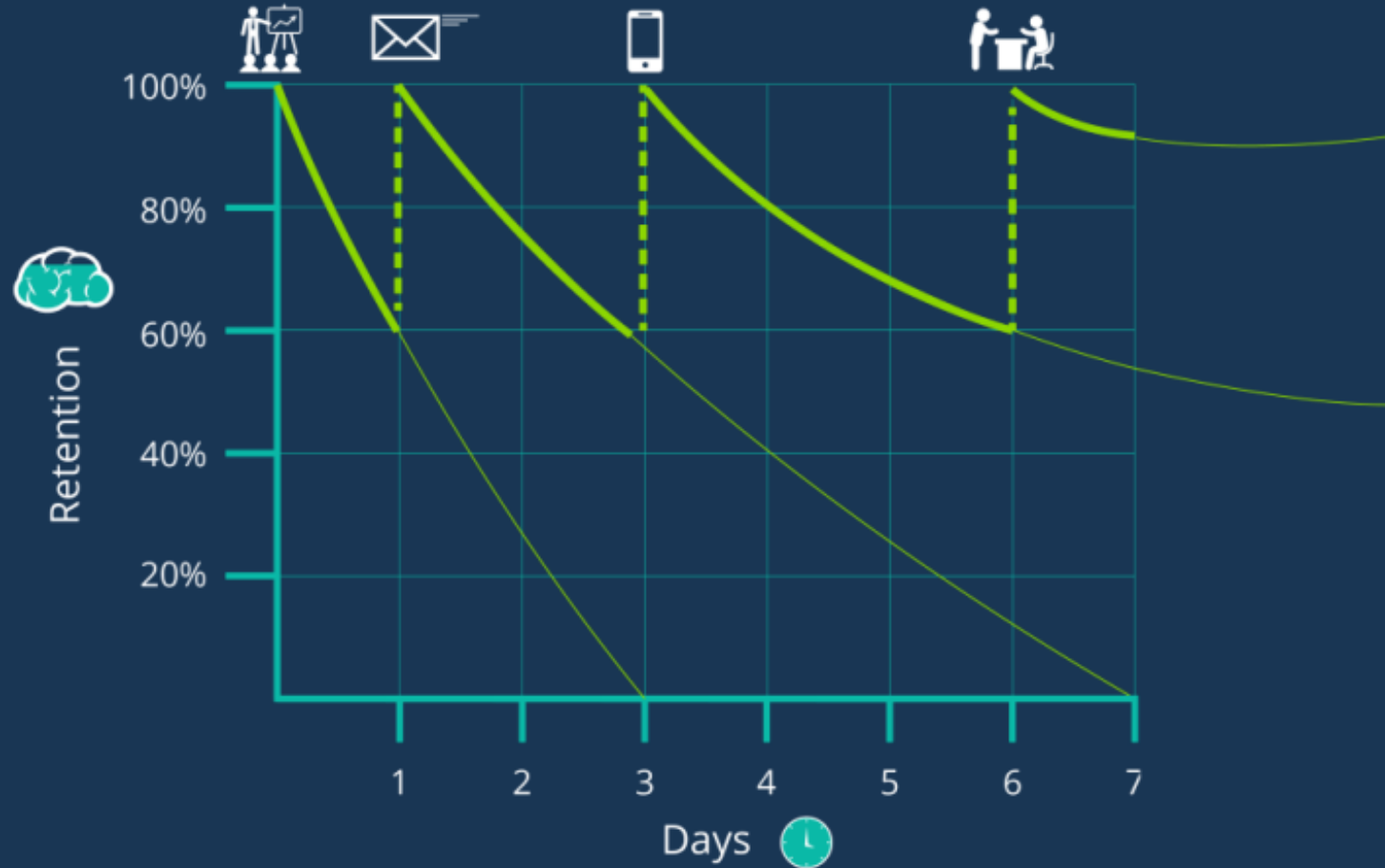


Ebbinghaus and his forgetting curve



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COMBATING THE FORGETTING CURVE

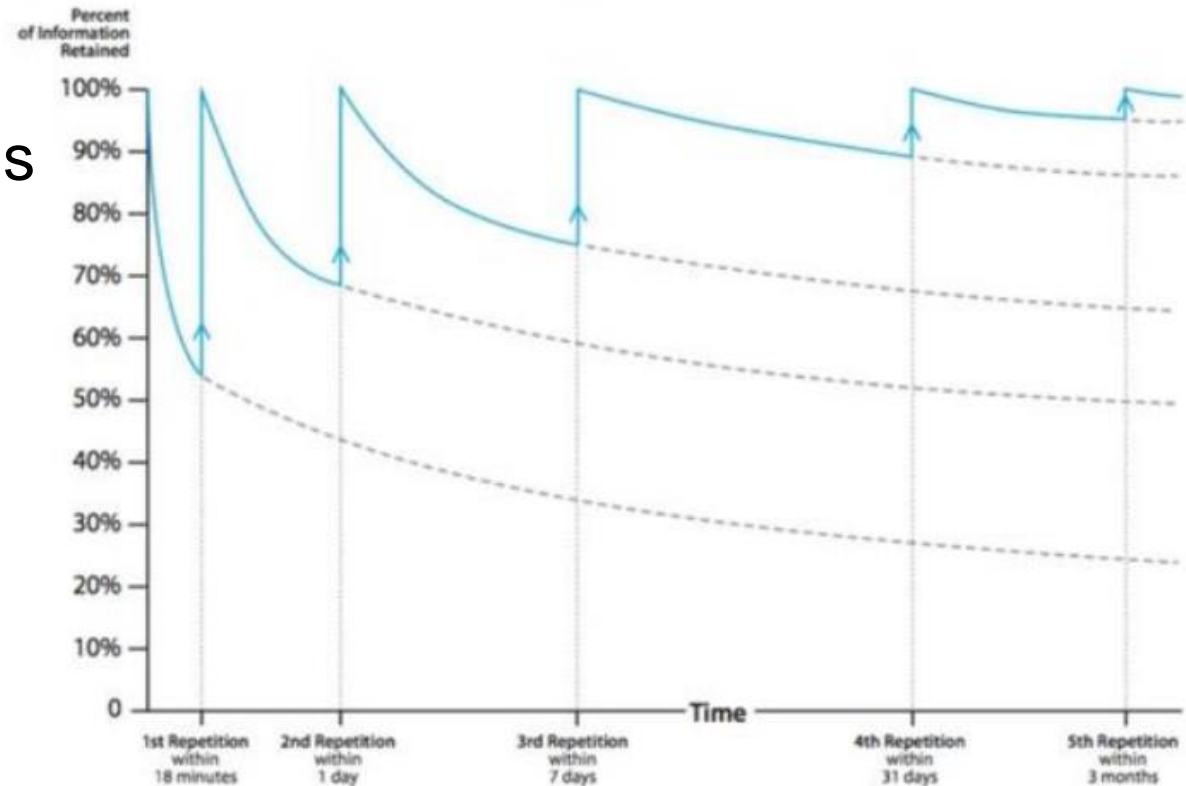


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Cramming Doesn't Work

The "forgetting curve" is at it's steepest early on, which means everything you cram in just before an exam will slip out of your head like sand through your fingers!

Make sure to keep good study habits in order to take full advantage of your brain!



What does good revision look like?

- It is different for everyone...but there are similar features to us all...
- You need to know:
 - When you work best? Early or late?
 - Do you need to eat first?
 - Before or after exercise?
 - How long can you concentrate for without a break?



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How do I revise?

- Plan your revision
- Short tasks
- Build in repetition
- Plenty of sleep
- Give yourself rewards

Weekly Revision Timetable

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday	Sunday
2:30pm - 3:30pm	Science	Humanities	Maths	English	Options	10am - 11am	Options	Options
3:30pm - 4:30pm	Get home from school	Get home from school	Get home from school	Get home from school	Get home from school	11am - 12pm	English	Maths
4:30pm - 5:30pm	English	Maths	Science	Humanities	Options	1pm - 5pm	Lunch/Go Out	Lunch/Go Out
5:30pm - 6:30pm	Eat dinner	Eat dinner	Eat dinner	Eat dinner	Eat dinner	5pm - 6pm	Dinner	Dinner
6:30pm - 7:30pm	Humanities	Science	English	Options	Night off	6pm - 7pm	Night off	Science
7:30pm - 8:30pm	Maths	Options	Options	Science	Night off	7pm - 8pm	Night off	English
8:30pm - 9:30pm	Free time	Free time	Free time	Free time	Night off	8pm - 9pm	Night off	Maths

NEWS

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Revision techniques - the good, the OK and the useless

🕒 18 May 2013



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Cornell Notes

- Using flash cards you can concentrate key themes down on to one side of a card
- Write questions on the other
- Test yourself regularly or ask other people to help

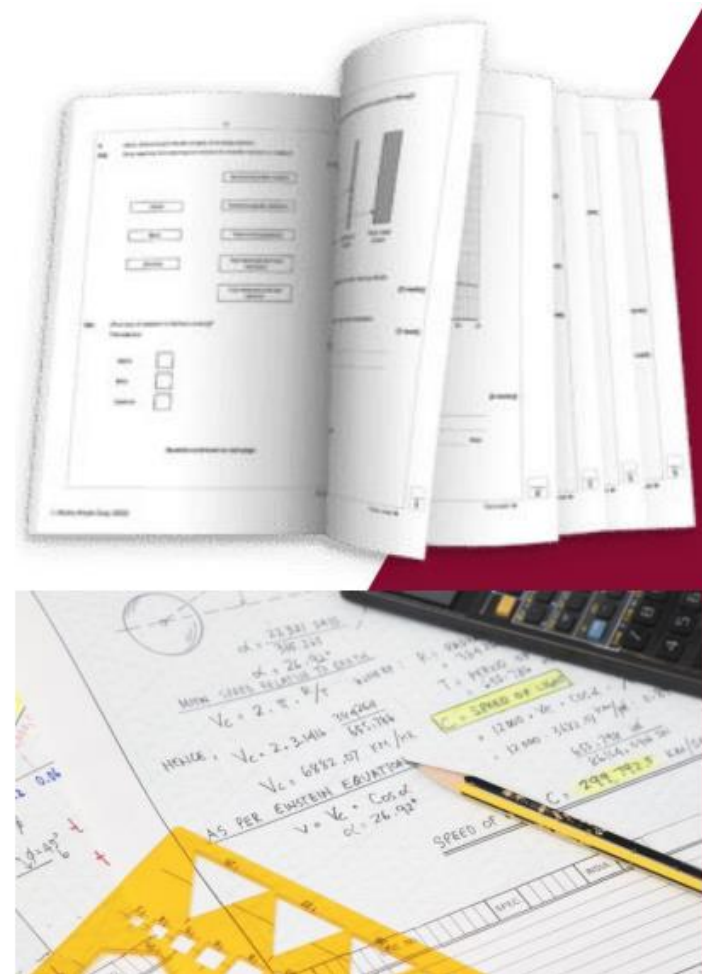


Cornell Notes Example		
	Title	Date
Questions or Keywords	Regular Notes	
	Summary	

wikiHow

Past Papers

- Working through past papers is a great way to test knowledge and also skills.
- Then, forensically, work through the mark schemes
- Use the mark schemes and papers to then inform your flashcards.
- It really helps to get concise answers.



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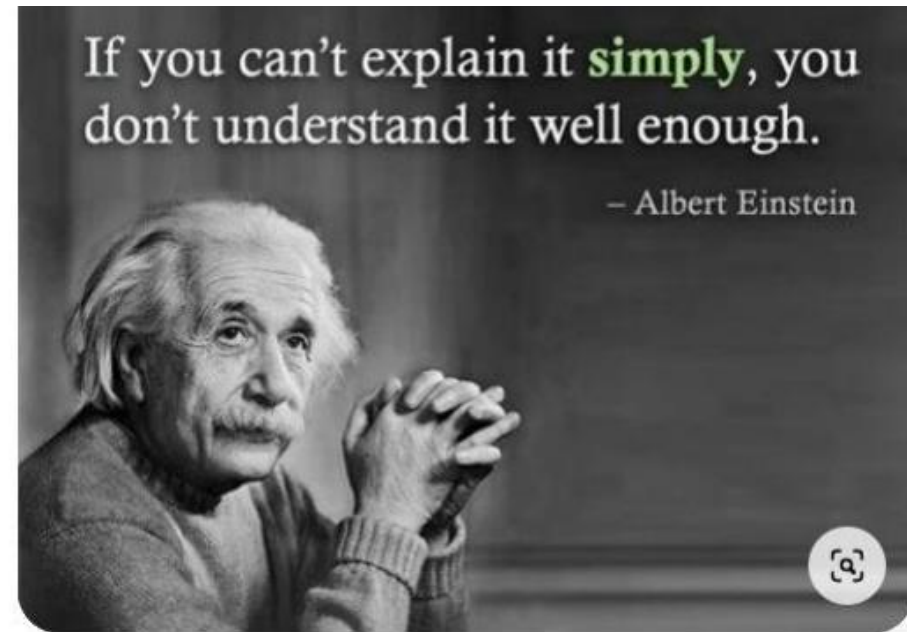
Study Groups

This can work as motivation

Try explaining ideas to other people

Ask them to test you using your flashcards

Keep testing each other regularly – it helps with the forgetting curve!



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Revise 'Till 5

- Every Wednesday in the first instance



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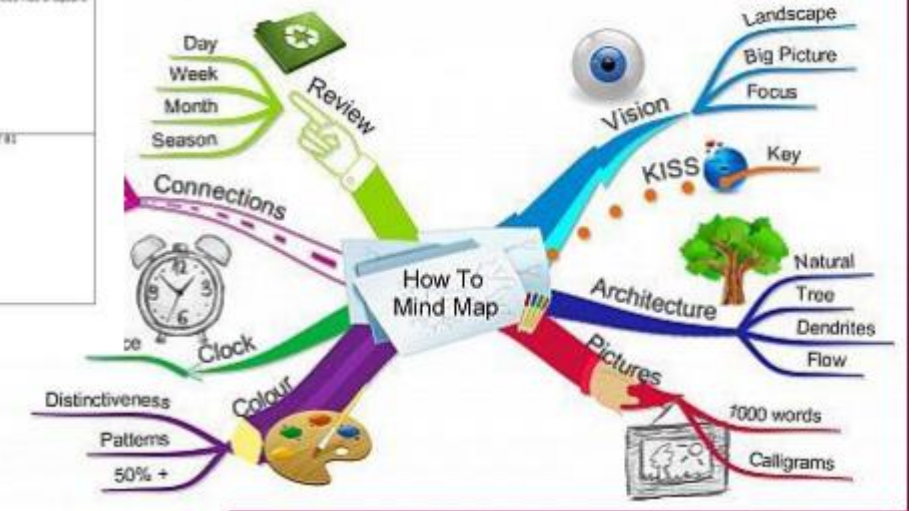


Mind Maps

- Mind maps can be a really good way to identify connections between ideas.



Expand $3(2x - 7)$	There are 5^3 people living in a country. Ten years later there are 5 times as many people living in the country. How many people now live in the country?	How many lines of symmetry does a rhombus have?	Calc - Ganna is planning a theatre trip. The costs are given below: Coach (53 seats) £430 per coach Food £13 per person Theatre ticket £34 per person A ticket for the theatre trip costs £58. Eighty-seven people buy a ticket. Is this enough money?
Expand and simplify $(x + 2)(x + 3)$	Tom has to put 1000 bottles into crates. One crate will take 24 bottles. How many crates will Tom need?	What order of rotational symmetry does a rhombus have?	Hannah says that there are 3 numbers between 110 and 210 that have 25 as a factor. Is she correct? Explain your answer.
Calc - Calculate 37% of £720	Find angle d	Lola has £12 in her bank account. The bank will allow her to go up to £50 overdraw. She wants to buy a £22 scarf for her dog and a £39 jumper for herself. Can she use her bankcard to buy the scarf and jumper?	Calculate $\sin^{-1} 0.81$



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- To prepare students for the next stage of their academic pathway
 - Career advice and direction
 - Informed choices



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- To emphasise the importance of AMBITION in everything we do



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- To look after and support the well-being of every student



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Pastoral Curriculum

- Designed to achieve the goals set out at the start of the year
- Assemblies to promote ethos, recognise achievement and address important issues
- Half termly pledges
- Independent work
- Intervention
- Time to review and reflect on progress



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Pastoral Curriculum



PLEDGE:

I will actively and effectively
prepare for my Y11 mock exams
with a vision of achieving my
potential.

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Pastoral Curriculum



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Pastoral Curriculum



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Attendance and Punctuality

- Attendance matters
- 90% sounds relatively high
- A 90% attendance rate means that your child has missed 4 whole weeks of school in a year.
- We have 25 hours of lessons per week.
- This equates to 100 hours of lost learning.



Attendance and Punctuality

- 5 minutes late each day = 16 hours / year = 3 school days lost
- 10 minutes late each day = 32 hours / year = 6 school days lost
- 25 minutes late each day = 81 hours / year = 16 school days lost

Class Charts will allow you to keep track of the punctuality of your child.

Attendance Email: Attendance@fulford.york.sch.uk



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