

Activities to help you make a decision - 1



### Overview of today's session

Good morning Year 9. In the last session you were shown various careers quizzes you can access to help you with your Year 9 Options Choices. You have hopefully tried some of these and been able to gain some ideas about subjects and careers which may be of interest to you.

Over the next 2 sessions we are going to reflect on the research you have already done, think about the different subjects you can choose from for your Options Choices, and decide which subjects are the best for you.

You have 3 activities to complete today to help you to reflect on your ideas. You may not have time to do all of this this morning but you can use these activities at home over the next few days to help you to focus and make your decision.

Form teacher - hand out worksheet



#### **Activity 1:**

Look at the subjects that are being offered at Fulford School.

Write down the subjects that you like and why you like them.

You are not allowed to say you like them because your friends like them or because you like the teacher!

### **Option Subjects** Art and Design **Business Graphic Products Resistant Materials** 1. Textile Technology Computer Science Creative iMedia (Level 2) Drama **Engineering (Level 2) Enterprise (Level 2)** French Food Preparation and Nutrition Geography Health & Social Care (Level 2) History Music **Physical Education RE - Full Course** Spanish Sport (Level 2)

Foundation Learning Programme (Level 1)



#### **Activity 2:**

Write down any subjects that you **DON'T** like and why you **DON'T** like them.

You are not allowed to say you don't like them because you don't like the people in the class or because you don't like the teacher!

### **Option Subjects** Art and Design **Business Graphic Products Resistant Materials** 1. Textile Technology **Computer Science** Creative iMedia (Level 2) Drama **Engineering (Level 2) Enterprise (Level 2)** French Food Preparation and Nutrition Geography Health & Social Care (Level 2) History Music **Physical Education RE - Full Course Spanish** Sport (Level 2) Foundation Learning Programme (Level 1)



#### **Activity 3:**

Find out about any subjects that you have not studied before that are being offered and what they involve. Think about if you would like them and why. New subject?.....think about why it might be right for me.

### **Example:**

Health & Social Care

Mainly practical course; I prefer coursework; I am interested in learning about and working with people; I am thinking about becoming a Social Worker in the future