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Date: 24 May 2021

Dear parent/carer,

As we come to the end of this half term, I wanted to thank you, and your children, for your efforts to reduce the spread of covid in our schools.

In particular, twice weekly symptom free testing of young people aged 11 and over, parents and carers, has made a significant impact in minimising the transmission of the virus.

One in three people who has coronavirus have no symptoms, and will be spreading the virus without knowing it, so as national restrictions lift, and with new variants of the virus in the UK, it is vitally important that we all continue with regular symptom free tests.

Young people will continue to receive lateral flow tests through their school. For other adults in the household wishing to test, home kits can be collected free from a number of locations. In person testing is still available for those who do not want to process the test themselves. Further information is available at www.york.gov.uk/SymptomFreeCOVIDTest

Remember that symptom free tests should not be used if you or your child has covid symptoms. More information about coronavirus symptoms, and those of other illnesses, is available at www.nhs.uk Information is also available on this site about how to get a covid test if you have symptoms.

Support and advice is also available to residents in York. If you or your family have been affected by coronavirus you can contact us on 01904 551550 or covid19help@york.gov.uk.

Support is also available for people who have to self-isolate as a result of coronavirus. Details about our support is available here: www.york.gov.uk/coronavirus.

To keep up to date with the latest information, you can:

- visit www.york.gov.uk/coronavirus
- talk to your ward councillor

- follow our social media channels: Twitter: [@CityofYork](#) or [Facebook](#)
- register for a regular email update: www.york.gov.uk/form/EmailUpdates

Remembering to practise 'hands, face, space and fresh air' will also help to control the spread of the virus in York.

We are incredibly grateful for all you have done already and on behalf of the city, thank you for all you are doing to reduce the spread of the virus.

Stay safe and best wishes



Sharon Stoltz

Director of Public Health

City of York Council



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