



Finest

Meet The Team



This is what to expect...

Fulford's Finest will be a monthly newspaper that aims to inform and enlighten those who choose to read it. We will cover a wide range of topics whilst catering to the Sixth Form students that are our target audience— you will not be disappointed nor forgotten. We will distribute physical copies whilst also having a QR code link for phones. Fulford's finest will come out every month.

About us

Welcome to Fulford's Finest, the place to come for all information you need. We are a team of ten students ready to bring you all the news you could wish for. So, let's meet the team behind the paper... Bringing it all together with his formatting skills, we have Krzysztof, our technology expert, alongside Alice with her editing skills, who will be checking all our pieces through. As our sports columnist, we have Tom, a rugby player who will be updating you on all the sporting news of the month. If you're an avid cook, head over to Molly's Food Fanatic corner to find the latest recipes. Updating us on the latest pop-culture news will be Elle, who will be informing you on the best films and TV shows of the moment. If you're after more hard-hitting news, visit Zak's pieces where he will be discussing current affairs and politics. Bringing us the latest interviews with the teachers/ students will be Gina, along with Beth who will be giving a year 13's advice. Then last, but not least, we have our last two columnists, Damian and Olivia.

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Advice Corner

Welcome to the Fulford's Finest advice corner, the place where our year 13 students tell us the things that they wish they could tell their year 12 selves. Having already been in the sixth form for a year, they are going to give you the insightful wisdom and guidance that you never knew you needed.

In this edition, we asked Ellie Turner, a year 13 student, what she wishes she would've known prior to starting the sixth form. She stated that she thinks that year 12 is the year when you get to be a teenager for the very last time, before you take on more responsibilities and have to 'adult' more in year 13 and in later life. She said that sixth form has gone so fast and, even though you are balancing maintaining a social life and the stress of schoolwork, you must not be too hard on yourself and make sure to ease into it.

This is incredibly important advice as, while schoolwork is especially important, you also must remember that you are only human and that you're allowed to make mistakes and have a break from time to time. So, I think the key message from this is that you must find a balance between making sure that you are on top of your A Levels, but also your mental health.

Trump's Presidential Fiasco

The views expressed here are Zak's own...

The USA is now entering its final stages of the presidential election process of 2020. So far, through only one debate, (hosted on the 29th of September), Trump has portrayed himself to be lacking any capacity to act like a true President (proved already through his first term and handling of Covid19) as he managed to interrupt Biden on all matters whilst only revealing his narcissistic nature and lack of understanding of the real concerning issues that surround America.

However, it was Trump's failure to act like a President that saw the public view the debate as a narrow win for Biden as he managed to not only compete but win the Guinness world record for interruptions per minute. Combine this with the human doormat that was Chris Wallace-the moderator-the debate quickly devolved into a meaningless contest of who could shout the loudest.



(From the left) Donald Trump and Joe Biden

Biden's effort to remain on topic/sane is due some respect as he managed to act accordingly for much of the debate, yet even he couldn't resist to critique Trump's intelligence in accordance to the handling of the virus, 'A lot more are going to die unless he gets a lot smarter a lot quicker'. Personally, I thought Trump's stupidity was his chosen style of governing America or at least he makes it out to be, certainly Biden seems to think so and even goes on further to label Trump as, 'The worst president America has ever had'.

Trump's refusal to debate online resulted in the second presidential debate being cancelled,

therefore there will only be two with the third and final debate taking place on the 22nd of October. Thankfully, after the allotted 2 minutes of speaking time the candidates will be muted meaning that on Thursday, we will hear rather than see less theatrics from Trump as they previously only served to weaken the republicans hold on certain states as highlighted through the small but significant leads Biden has across the majority of the States. Once again both candidates are hoping to win Florida which is known for being a 'flip-flopping' state as it holds twenty-nine significant electoral votes which could decide the fate of the potential future president.

SPORT

The Gallagher Premiership Semi- finals face off!

On Saturday 11th of October four tenacious teams took to the English stage to try and book their tickets to Twickenham.

Bristol Vs Wasp's was a highly anticipated game; the fast-flowing continuity of Bristol Vs the high-quality structured game of the Wasp's. Soon after kick off, Wasp's took control of the pace of the match, every decision was swinging their way. After poor decisions made by the officials who allowed Wasp's to score, and slot penalty after penalty by the solid boot of Gopperth. What stood out the most to any team was the performance of the Wasp's back row, and more specifically the unbelievable individual performance of the youngster Jack Willis. His cover tackling denied Bristol scoring 7, and his breakdown tenacity and expertise allowed him to stop the flow of Bristol ball and disallowed them the fast pace game they relish and thrive from. Jack Willis has been man of the match 3 out of his last 5 games and it is clear he, along with Shields, Youngs, Umaga and Launchbury, are driving this ever-improving Wasp's team forward into bigger and better things.

As a lover of rugby I think I can speak for every one when I say: as the Bear's get quick ball they are a pleasure to watch, a flowing game that seems primitive yet tears defences apart, leaves everyone mesmerised and in awe. As a new team in the Premiership I'm looking forward to watching them play next season, and to see how they develop in these high-pressure games.

Exeter Vs Bath. The Big Dogs vs the Bath. This was Bath's biggest game of their whole entire season. The big upfront forward game of the Chiefs was expected, and for Bath to be in with a shot they would have to match them upfront. Obano did a very good job of this in the first 60 minutes he was on the park. Obano's hit on Hill left a few people in the stands shocked. Obano's power game in both attack and defence have earned himself a place in Eddie's training camp this autumn. Watson and the rest of the Bath's back three were denied the opportunity to run the ball and stretch their legs.

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Football, Premier League fixtures

Saturday 17 October

Everton v Liverpool - BT Sport (12:30 BST)
Chelsea v Southampton - PPV on BT Sport Box Office (15:00 BST)
Manchester City v Arsenal - Sky Sports (17:30 BST)
Newcastle v Manchester United - PPV on Sky Sports Box Office (20:00 BST)

Sunday 18 October

Sheffield United v Fulham - PPV on BT Sport Box Office (12:00 BST)
Crystal Palace v Brighton - Sky Sports (14:00 BST)
Tottenham v West Ham - Sky Sports (16:30 BST)
Leicester City v Aston Villa - PPV on Sky Sports Box Office (19:15 BST)

Monday 19 October

West Brom v Burnley - PPV on Sky Sports Box Office (17:30 BST)
Leeds v Wolves - Sky Sports (20:00 BST)

Friday 23 October

Aston Villa v Leeds - PPV on BT Sport Box Office (20:00 BST)

Saturday 24 October

West Ham v Manchester City - BT Sport (12:30 BST)
Fulham v Crystal Palace - PPV on BT Sport Box Office (15:00 BST)
Manchester United v Chelsea - Sky Sports (17:30 BST)
Liverpool v Sheffield United - PPV on Sky Sports Box Office (20:00 BST)

Sunday 25 October

Southampton v Everton - Sky Sports (14:00 GMT)
Wolves v Newcastle - Sky Sports (16:30 GMT)
Arsenal v Leicester - PPV on Sky Sports Box Office (19:15 GMT)

Monday 26 October

Brighton v West Brom - PPV on Sky Sports Box Office (17:30 GMT)
Burnley v Tottenham - Sky Sports (20:00 GMT)

Friday 30 October

Wolves v Crystal Palace - PPV on BT Sport Box Office (20:00 GMT)

Saturday 31 October

Sheffield United v Man City - BT Sport (12:30 BST)
Burnley v Chelsea - PPV on BT Sport Box Office (15:00 BST)
Liverpool v West Ham - Sky Sports (17:30 BST)

Sunday 1 November

Aston Villa v Southampton - PPV on Sky Sports Box Office (12:00 GMT)
Newcastle United v Everton - Sky Sports (14:00 GMT)
Man Utd v Arsenal - Sky Sports (16:30 GMT)
Tottenham v Brighton - PPV on Sky Sports Box Office (19:15 GMT)

Monday 2 November

Fulham v West Brom - PPV on Sky Sports Box Office (17:30 GMT)
Leeds v Leicester - Sky Sports (20:00 GMT)

The most memorable break was made by Faletau, however the hard-working attitude of the Chief's pack denied Bath to capitalise of this break. Exeter, did their favourite tactic, which is playing the most boring type of rugby the world has ever seen. However, this tactic yet again worked, and they were able to ease their way into the final. Although the Chief's style of playing is repetitive and draining, they are the best in the world at it. Furthermore, they wouldn't be able to achieve the results they do without the workhouses in the forward pack. I think Hill, Gray, Dickie, Simmons and Eures, are pioneers of the game and are great role models for anybody. They are the fittest bar none, and their work rate is sensational.

Football News:

Premier League: Games not selected for broadcast in October will be available to fans on a pay-per-view basis. The five fixtures per round not already picked to be shown live, will be available on BT Sport Box Office or Sky Sports Box Office, priced at £14.95. Clubs have agreed this "interim solution" to allow fans to continue watching their teams live. Premier League clubs voted 19-1 in favour of the move, with Leicester City the only one to vote against it. The move has drawn criticism from football supporters, while the Premier League said it and its clubs "remain committed to the safe return of fans as soon as possible".

Film Recommendations

A) Movies to watch with your parents without regretting life itself

Captain Fantastic (2016)

This poignant comedy-drama is centred on a rural family making the drastic journey for a funeral into urban life after the death of their mother. It's a thought provoking and subjectively heart-wrenching look at the unconventional 'hippie' family. Following a father trapped in his stubborn mind-set (Viggo Mortensen) and his six children challenge the con-

ventions and expectation of 21st century families. Although simple to follow, Matt Ross's debut film is packed with metaphors and beautifully communicates a type of fish-out-of-water story. It is unafraid to push social boundaries and criticise the modern world as we know it – definitely an interesting perspective to immerse yourself in. Rating: 15 (strong language) Available on Netflix.



The Great Escape (1963)

A cult classic for those who are taking history or want to convince their parents they have an interest in world war two, 'The Great Escape' follows the true story of imprisoned allied soldiers in a POW camp in Germany intending to escape, as well as draw out Nazi soldiers from battle. The suspenseful and adventurous film stars Steve McQueen as well as the iconic baseball to cooler wall scene and a thrilling chase during the last half hour, it has been referenced across pop-culture since its release. Rating: PG (surprisingly) Available on Netflix.



B) Coming of age films that teenagers should be legally required to watch

The Perks of Being a Wallflower (2012)

Based on the best-selling novel, this modern classic follows Charlie (Logan Lerman) as he meets a group of hilarious, non-conformist seniors (Emma Watson, Ezra Miller) who guide him through his freshman year of high school. Taken from the perspective of Charlie, we see his battle with depression and the challenges of his friends, reflective of what teenagers still struggle with today. If nothing else, watch this for the final (now idolised and commonly reference in youth culture) ‘tunnel scene.’ The serotonin is unmatched. While the cast is clearly 5/6 years older than their respective characters, it’s compensated by the admirable performances and intertwined mix of humour and emotion – just be careful to look past Watson’s slightly forced



American accent. Somehow, I didn’t fully realise the explanation of Charlie’s mental illness, so be aware to look out for that if the final act. Rating: 12 (sexual references, drug and alcohol use) Available on Netflix.

Me and Earl and the Dying Girl (2015)

Winner of the Grand Jury prize at Sundance festival, this surprisingly off-beat whimsical drama follows Greg, a traditionally socially detached, self-aware ‘outsider’ who (begrudgingly) befriends the local neighbourhood pity case, Rachel, who’s dying of cancer. Quite thankfully, and unlike John Hugh’s ‘The Fault in Our Stars’, there is no obnoxious kissing in the Anne Frank Museum.



In fact, as our unreliable narrator regularly reminds us, “This is not a love story.” As a result of their lifelong passion for classic films and parodying them with puny titles, e.g. Sockwork Orange, Greg and Earl (his “co-worker”) agree to make the struggling Rachel a short film of her own. On paper, packed with clichés, this movie should be a cringe-fest, but the sharp humour and artistic approach of Alfonso Gomez-Rejon make it a bitter-sweet exploration of empathy and self-identity in the face of crisis. Rating: 12 (drug material, language, sexual references) Available on Netflix.

Interviews for Intellectuals

Ok so hi! I'm Gina and I will be providing you with interviews from teachers and students. Do let me know if you are interested in being interviewed OR if you have any funny stories. I would also like to hear any ideas from you for what you'd like to see in my column. Just email me @15NichoG.



So, this interview was with the lovely Ms Cole an English and media teacher.

1. What has been your favourite holiday and why?

Before my PGCE course was due to start, I found I had a couple of weeks free so on the spur of the moment booked myself a ticket to Cephalonia, Greece. All my friends were working so I decided to just go on my own with nothing but a copy of Great Expectations and my tent. It was a week of Mamma Mia -esque heaven, minus Colin Firth. I swam in the azure sea around Ithaca; ate tomatoes the size of a baby's head and had a near-death experience crossing the mountainous island on a local bus adorned with multiple rosary beads. It was glorious!

2. Favourite restaurant in York?

I might have once given you the name of somewhere I'd been on a special occasion, but during lockdown we got into the habit of ordering pizza from a local café near our house every Saturday. So, I'd have to say 'Bean on the Green' in Heworth for having kept our spirits up during those strange early days of the Pandemic. (I can be posh too though... I went to Roots, but the Tiramisu I had tasted like bin juice.)

3. What are you reading at the moment?

You've caught me in the middle of 'The Thursday Murder Club' by Richard Osman. It's an utterly joyful Agatha Christie style murder mystery and a lovely bit of escapism. After that I've got Iain Banks' 'Wasp Factory' lined up. It couldn't be more different; dark and unsettling. Perfect Christmas read.

4. Funny things your children have said or done?

It's a curse of parenting that your children will be infinitely hilarious to you and exceedingly pedestrian to everyone else. Let's just assume that I've told you a delightful anecdote and you've laughed harder than you can remember in months. It probably involved the word 'poo' if that helps.

5. Any unfulfilled ambitions?

I'm not dead yet, so let's call them 'ambitions-in-waiting', shall we? My greatest one would probably be to write and direct an astonishingly good feminist horror film. Or to learn how to not kill all the plants in my garden. One feels considerably more likely than the other.

6. Do you believe in ghosts and why?

No. Because there's no evidence of their existence. But I do love ghost stories and am fascinated by the stories we tell ourselves for comfort or in the hope of things that may come. There's also nothing more enjoyable for me than reading an excellent ghost story. Having said that, I thought I saw a ghost when I was 5, but my friend Helen said it was just her brother's dressing gown on the back of her door. She didn't have a brother.

7. Favourite way to relax?

Reclining on one of the velvet sofas in Everyman, York with some great friends around me. (Was I supposed to say, 'spending time with my kids or walking the dog'? Oops.)

8. Worst chore?

All of them. Although housework takes on an astonishing appeal when there's a pile of marking waiting for me on the kitchen table. It's gotten to the point where I have to time bringing assessments home with days when the kitchen floor needs cleaning. It's the only time it'll get done.

9. Craziest thing someone's ever said to you?

What, apart from when Russell Crowe called me a 'very intelligent lady'? I think we can agree that that was a moment of sanity for him.

10. Best advice you could give a sixth former?

Always have a set of clean loungewear waiting for you on the radiator when you get home. That way you'll be toasty and cosy when you need to complete that tricky assignment. Life's better in pyjamas.

Don't bother watching the Police Academy sequels. Life's too short.

And seriously - If you are struggling, look around you and find someone you can help. You're more powerful than you know.

The Food Fanatic

Recipe of the
Month: 'Baked'
Beans

Okay hear me out! It may not sound like much for the newspaper's grand opening, but these beans are good- no, great! They aren't what you're thinking of either, Heinz's classic baked beans, but instead a comforting bowl of flavoursome beans in a warming tomato sauce. Part of the perfection is that it walks the line between a side and a main, allowing you to eat it with pretty much anything from crusty bread to crispy bacon, making it delightfully carefree, quick and easy.

Serves 2

Ingredients:

- 1 red onion
- 2 garlic cloves
- 1/2 teaspoon of chilli flakes
- 1 chicken/vegetable stock cube
- 1/2 teaspoon of sugar
- 30ml of apple cider vinegar
- 1 can of chopped tomatoes (400g)
- 1 can of mixed beans (400g)*
- 50ml of boiled water
- Olive oil

*you can really use pretty much any sort of bean from cannellini to kidney, it all depends on what you have in your cupboards.



Method:

1. Drain the beans in a sieve whilst preparing your other ingredients.
2. Dice the onion and garlic, then fry in the olive oil until softened. Add the chopped tomatoes, sugar, chilli flakes, apple cider vinegar, water and the stock cube. Get it up to a high heat then leave to simmer for 10 minutes or until the sauce has thickened.
3. Once the sauce has thickened sufficiently, add the beans. This will cool your sauce down so let it warm up again on a low heat, then serve.